

Bachelor's Degree Examination – July 2020
VI Semester

Class : III UG
Major : Physical Education

Time : 2 Hours
Max. Marks : 50

15BPEC29 Traditional Games of India

Part A

10 x 1 = 10

Choose the Correct Answer

1. Lattoo is one of the _____ traditional games.
a. indoor games b. outdoor games
c. water games d. martial arts
2. Nondi game will improve _____ performance.
a. jumping b. endurance
c. flexibility d. balance
3. Kabaddi is one of the indigenous games of
a. Sri Lanka b. Japan
c. India d. Iran
4. Antakshari is one of the _____ traditional games.
a. kids b. youth
c. old age d. infant
5. One of the following game is similar to Cricket Identify.
a. Pallanguzhi b. Goli
c. Lagori d. GilliDanda
6. Kalari is one of the _____ of India.
a. indoor games b. outdoor games
c. water games d. martial arts
7. _____ traditional game will increase the numerical efficiency.
a. Pallanguzhi b. Goli
c. Lagori d. GilliDanda
8. _____ game will increase the finger manipulative skills and accuracy.
a. Pallanguzhi b. Goli
c. Lagori d. GilliDanda
9. Kho-Kho is originated from
a. Tamil Nadu b. Kerala
c. Maharashtra d. Karnataka
10. What is another name of EzhuKallu?
a. Pallanguzhi b. Goli

Part B

3 x 6 = 18

Answer any **Three** questions

Each answer should not exceed 400 words or two pages

11. Write any three traditional games.
12. Write the aims and objectives of traditional games.
13. Write the historical background of the Indian traditional games.
14. Write a short note on identity and bearers of cultural initiatives.
15. Write the regional sports of Kerala.
16. Write the regional sports of Maharashtra.
17. Write a short note about Silambam.
18. Write a short note on 'Agni purana'.
19. Write any three online traditional games.
20. The need and importance of modified traditional games for special students.

Part C

2 x 11 = 22

Answer any **Two** questions

Each answer should not exceed 800 words or four page

21. Explain the importance and scope of traditional games.
22. Discuss about indoor and outdoor traditional games.
23. Explain the factors influencing games.
24. Discuss the features and advantages Indian traditional games.
25. Explain the regional sports of Tamil Nadu.
26. Explain the regional sports of Karnataka.
27. Discuss the ancient and modern history of Indian Martial Arts.
28. Write short notes on wrestling, boxing, and archery.
29. Explain about Indian Traditional games for Kids.