



Avinashilingam Institute for Home Science and Higher Education for Women (Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India
Continuous Internal Assessment I FEB-2025
Semester -V

Class : III UG

Major : Physical Education

Time : 2 Hours

Max. Marks: 60

21BPEC29 Traditional Games of India

Course Outcome:

1. Appreciate the influence of traditional Games in Indian culture
2. To give students and opportunity to explore and play indian traditional games
3. To be able to work as a team and engage in fair play
4. Improves precision ability, and hence enhances concentration.
5. Improves aim and focus

Part – A

6X 1 = 6

Choose the Correct Answer

1. Name the game whose field is marked from east to west
a) volleyball b) kho-kho c) kabaddi d) handball CO1K2
2. Which of the following is not related to kho-kho game skill
a) foul. b) pole drive. c) tapping. d) dribbling CO2K2
3. What is kho-kho is called in english
a) Ratha. b) Kho Dhawani. c) Chhoyan-chhoyin d) Game of chase CO3K1
4. Which board game is invented in india?
a) Chaturanga b) Chess c) Pachisi d) Aadupulli attam CO2K3
5. Who is the world chess champion of the year 2024?
a) Magnus carlsen b) Arjun Erigaisic. c) Fabiano Carunad. d) Gukesh Dommaraju CO3K2
6. Who has lead to the rating in chess?
a) Magnus carlsen b) Arjun Erigaisic. c) Fabiano Carunad d) Hikaru Nakamura CO3K1

PART – B

Answer the following (400 words) 3×6=18

7. a) Define traditional games and Write its meaning traditional games. CO1K2
(Or)
7. b) Write the Aims and Objectives of traditional games CO3K1
8. a) enumerate the Kerala region traditional games CO2K4
(or)
- 8 b) Write about Andrapradesh traditional games CO2K4
9. a) shorts notes on rules and system of play in chess CO3K1
(or)
- 9 b) Write short notes on carrom and system of play in carrom CO2K4

PART – C

Answer the following in detail (800 words) 3x12=36

10. a) Write about the need and important of traditional Games CO1K4
(Or)
10. b) List out the indoor games and rules and strategies of the games CO2K3
11. a) Write about the rules and roles of umpires in indoor games CO2K2
(Or)
11. b) Write about barriers of cultural activities CO2K4
12. a) Explain the regional sports of Karnataka CO3K2
(Or)
12. b) Enumerate the regional sports of Maharashtra. CO4K3

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