



Murugan

**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)  
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12 B  
Coimbatore-641 043, Tamil Nadu, India

**Bachelor's Degree Examination - May 2023**  
**VI Semester**

**Class: III UG/2019 Batch (Arrear)**  
**Major: Physical Education**

**Time : 3 Hours**  
**Max. Marks: 100**

**18BPEC30 Theory of Games and Sports-VI (Volleyball and Softball)**

**Course Outcome:**

1. Students are able to apply personal skills (including serving, overhand passing, underhand passing, spiking and blocking) in modified games.
2. Provide opportunities for students to make self and peer assessment to enhance collaborative learning.
3. Understanding of the teaching/coaching techniques
4. Expertise in teaching basic skill and advance skill in softball
5. Creates Opportunity to officiate in different tournaments .

**Part A**  
**Choose the Correct Answer**

**10 x 1 = 10**

1. Which year the volleyball game was invented?  
a. 1890      b. 1895      c. 1899      d. 1898      **CO1K2**
2. Who won the very first ISF (softball) women's World Championship?  
a. America      b. England      c. Australia      d. Kenya      **CO2K4**
3. Length of the antennae in volleyball game -----  
a. 1.50      b. 1.60      c. 1.70      d. 1.80      **CO3K5**
4. What is the shape of softball field?  
a. triangle      b. square      c. diamond      d. circle      **CO2K6**
5. Which one is related to volleyball?  
a. service      b. dribbling      c. kicking      d. None of the above      **CO3K3**
6. How many fielding skills in softball game?  
a. 4      b. 3      c. 5      d. 2      **CO4K5**
7. During the volleyball game what kind of rotation followed by players?  
a. anti clockwise      b. front and back      c. clockwise      d. All of the above      **CO2K1**
8. How many defensive players are on a softball field at a time per team?  
a. 7      b. 9      c. 11      d. 8      **CO2K4**
9. Volleyball referees names are -----  
a. front referee and back referee      b. up referee and down referee  
c. serve referee and volley referees      d. None of the above      **CO3K2**
10. How many umpires are there in a softball game of slow pitch?  
a. 4      b. 3      c. 5      d. 2      **CO3K2**

**Part B**  
**Answer ALL questions**  
**Each Answer should not exceed 400 words or two pages**

**5 x 6 = 30**

- 11.a. Describe about the tactics in volley ball games. CO1K2  
(or)  
11.b. Write about the present status of volleyball in Tamil Nādu. CO1K1
- 12.a. Draw and Explain the specifications of Volleyball post, Net and antenna. CO2K2  
(or)  
12.b. Draw and explain the specifications of softball Bats and safety Equipment's. CO2K1
- 13.a. Describe about Specific conditioning Drills in Softball. CO3K4  
(or)  
13.b. Explain any four Defensive skills in Volley Ball. CO5K4
- 14.a. Describe about any four rules in Volley Ball. CO4K2  
(or)  
14.b. How many outs in Softball? Explain it. CO4K1
- 15.a. List out the officials in Softball and explain their duties. CO5K3  
(or)  
15.b. Illustrate the Mechanism of officiating in Volleyball. CO5K2

**Part C**  
**Answer ALL questions**  
**Each Answer should not exceed 800 words or four pages**

**5 x 12 = 60**

- 16.a. Summaries the History and Development of volleyball in India. CO1K4  
(or)  
16.b. Enumerate the different systems of play in volleyball. CO1K2
- 17.a. Draw a neat diagram of volleyball court with all specifications. CO2K4  
(or)  
17.b. Draw and explain the specifications of Softball pitch. CO2K2
- 18.a. Explain any four fundamentals skills and drills in volley ball. CO3K5  
(or)  
18.b. Explain any four offensive skills in Softball. CO3K5
- 19.a. Describe the rules with interpretation of Volleyball. CO4K2  
(or)  
19.b. How to organize the National Level Hand Ball Tournament? Explain it. CO4K2
- 20.a. Analysis Various types of Signals in Volleyball with neat Diagram. CO5K2  
(or)  
20.b. Explain the officiating mechanism of Softball. CO5K6

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