



Navin

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12 B
Coimbatore-641 043, Tamil Nadu, India

Bachelor's Degree Examination - May 2022
IV Semester

Class : II UG
Major : Physical Education

Time : 3 Hours
Max. Marks: 100

18BPEC13 Movement Education and Primary Physical Education

Part A
Choose the Correct Answer

10 x 1 = 10

1. Movement framework is the basis for the planning of all movement experiences in _____ physical education. CO1K2
a. Middle school
b. Cedar school
c. Secondary school
d. High school
2. Who referred the nine laws of motion? CO2K2
a. Laban
b. Delsarte
c. Stanley
d. Liselott diem
3. Which of the following is a non-locomotors skill? CO2K2
a. Bending, pushing
b. Walking, leaping
c. Throwing, kicking
d. All the above
4. Which of the following is a manipulative skill? CO1K3
a. Throwing
b. Kicking
c. Catching
d. All the above
5. Which of the following is not in dance avenue CO2K3
a. Galloping
b. Leaping
c. Skipping
d. Striking
6. Which are the equipment use to find body fat CO3K3
a. Skin fold caliper
b. Flexible metal tape
c. Weighing machine
d. None of the above
7. Which is the uneven rhythmic movement ? CO3K4
a. Run
b. Slide
c. Skip
d. b & c
8. Which of the following terms denotes the toughening of body as its major objectives ? CO4K4
a. physical culture
b. play
c. Drill
d. Physical Training
9. Who was created a structure for organizing human movement to guide teaching and learning in dance? CO4K4
a. Rudolf laban
b. Ralph tyler
c. Mosston
d. None
10. How many type of learning experiences during dance CO3K4
a. 3
b. 4
c. 8
d. 2

Part B **5 x 6 = 30**
Answer ALL questions
Each answer should not exceed 400 words or two pages

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|---|-------|
| 11.a. Write short notes on movement education?
(or) | CO2K2 |
| 11.b. Describe about (i) locomotors and (ii) non locomotors movements. | CO3K3 |
| 12.a. Explain the movement framework?
(or) | CO2K3 |
| 12.b. What are the foundation for an active life style ? | CO3K3 |
| 13.a. Write short notes on body awareness.
(or) | CO4K4 |
| 13.b. Explain about spatial awareness. | CO4K4 |
| 14.a. Explain about qualities of movement and its relationship of movement.
(or) | CO4K5 |
| 14.b. Describe about outdoor adventure activities. | CO4K5 |
| 15.a. Write short notes on personality assessment.
(or) | CO4K5 |
| 15.b. Write short notes on dance and games. | CO4K5 |

Part C **5 x 12 = 60**
Answer ALL questions
Each answer should not exceed 800 words or four pages

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|---|-------|
| 16.a. Explain the concept and factors of movement education.
(or) | CO3K3 |
| 16.b. Explain in detail about the activities of Athletics and Aquatics. | CO4K4 |
| 17.a. Explain the methods of teaching used in movement education.
(or) | CO3K3 |
| 17. b. Describe the qualities and relationship of movement. | CO3K4 |
| 18.a. Enumerate the scope, aims and objectives of primary Physical Education.
(or) | CO4K5 |
| 18.b. Explain the direct, indirect and limitation methods. | CO4K4 |
| 19.a. Explain the dance and the movement framework.
(or) | CO4K5 |
| 19.b. Explain in detail about the gymnastic exercise with and without apparatus. | CO5K5 |
| 20.a. Explain the movement concept to any one game.
(or) | CO4K5 |
| 20.b. How to organize physical education programs and activities in different groups. | CO4K5 |
