



K. Sambappa

Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD (now MoE)
Re-accredited with 'A++' Grade by NAAC. CGPA 3.85/4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – May 2025
VI Semester

Class : III UG
Major : Physical Education

Time : 3 Hours
Max. Marks: 100

21BPEC29-Traditional Games of India

Course Outcome:

- CO1 : Appreciate the influence of traditional Games in Indian culture
CO2 : To give students and opportunity to explore and play indian traditional games
CO3 : To be able to work as a team and engage in fair play
CO4 : Improves precision ability, and hence enhances concentration.
CO5 : Improves aim and focus

Part A

10 x 1 = 10

Choose the Correct Answer

1. Where players raid the opponent's side and try to tag as many as possible before returning to their side inGame CO1K1
a. Kabaddi b. Kho-Kho c. Martial arts d. Gilli-Danda
2. ----- game is Traditional boat racing in Kerala. CO1K2
a. Mallakhamb b. Vallam Kali c. Atya Patya d. Kalaripayattu
3. The initial name of Chess is CO2K2
a. Ashtapada b. Atya Patya c. Shatranj d. 'Gyan Chaupar
4. Game is Originally designed as a moral lesson about virtues and vices. CO1K2
a. Pachisi b. Chaupar c. Snakes and Ladders d. Gilli
5. A traditional card game played with beautifully hand-painted circular or rectangular cards. CO3K2
a. Ganjifa b. Ashtapada c. Mallakhamb d. Vallam kali
6. -----game played especially during festivals like Makar Sankranti and Basant Panchami. CO2K1
a. Kalaripittu b. Chadhuranga c. Gilli d. Kite
7. Polo game is known to have originated in CO3K2
a. Manipur b. Raipur c. Jaipur d. Kanpur
8. Size of men Kabaddi court CO3K3
a. 13x10m b. 11x8m c. 12x8m d. 10x8m
9. It is played using dark green glass marbles colloquially known as. CO4K4
a. Pallankuli b. 'Kancha' c. Gilli d. Lattoo
10. What is the name of smaller, oval-shaped wooden piece is called CO5K5
a. lattoo b. Gilli c. Kancha d. Chaupar

5 x 6 = 30

Part B

Answer ALL questions

Each answer should not exceed 400 words or two pages

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|---|-------|
| 11.a. Explain the aims and objectives of Indoor games.
(or) | CO1K1 |
| 11.b. Explain the aims and objectives of board games | CO1K2 |
| 12.a. Explain the reading and writing sources of Indian traditional games
(or) | CO2K3 |
| 12.b. What are the factors influencing the Indian traditional games? | CO3K3 |
| 13.a. Write about regional sports in Tamilnadu.
(or) | CO2K4 |
| 13.b. Write about regional sports in Kerala | CO3K2 |
| 14.a. Write short notes on Wrestling in ancient India
(or) | CO4K4 |
| 14.b. Write short notes on boxing in ancient India | CO4K2 |
| 15.a. List out the traditional games for special children
(or) | CO5K1 |
| 15.b. Write about online traditional games in India. | CO5K1 |

5 x 12 = 60

Part C

Answer ALL questions

Each answer should not exceed 800 words or four pages

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|---|-------|
| 16.a. Explain the various types of traditional games in India.
(or) | CO4K2 |
| 16.b. Explain the importance and scope of traditional games. | CO2K3 |
| 17.a. Explain the historical backgrounds and structure of traditional games in India.
(or) | CO2K2 |
| 17.b. Write in details of industrialization of Indian traditional games. | CO3K2 |
| 18.a. Explain the details of traditional games of Andra Pradesh.
(or) | CO4K3 |
| 18.b. Explain the details of traditional games of Maharastra. | CO4K4 |
| 19.a. Explain the history of ancient traditional games of India.
(or) | CO2K3 |
| 19.b. Explain the history of modern traditional games of India. | CO4K2 |
| 20.a. Explain the Indian traditional games for kids.
(or) | CO3K4 |
| 20.b. Explain the various Indian traditional games for intelligent development. | CO5K2 |
