



Avinashilingam Institute for Home Science and Higher Education for Women
[Deemed to be University] Coimbatore – 43
Bachelor's Degree Examination – April / May 2019
VI Semester

Class : III UG

Time : 3 Hours

Major: Physical Education

Max. Marks : 100

15BPEC29 – Traditional Games of India

Part A

Choose the Correct Answer

10 x 1 = 10

1. Eden Garden (Kolkata) is associated with
a) Cricket b) Hockey c) Football d) Basketball
2. The term "Whitewash" is associated with which game?
a) Golf b) Hockey c) Cricket d) Football
3. 'Federation Cup' in India is associated with which sport?
a) Hockey b) Football c) Billiards d) Basketball
4. The "Pommel Horse" is term associated with the game –
a) Horse Race b) Tennis c) Badminton d) Gymnastics
5. Ian Thorpe is related to which of the following?
a) Athletics b) Boxing c) Swimming d) Racing
6. The terms "Technical foul" and "Flagrant Foul" are most commonly associated with which of the following sports?
a) Table Tennis b) Badminton c) Basketball d) Football
7. Band game was started in year
a) 400 A.D b) 500 A.D c) 300 A.D d) 1000 A.D
8. Benefits of Pallanguzhi
a) Co-Ordination, memory, Maths b) Speed, Endurance, Co-ordination
c) Stamina, Speed, Endurance d) Concentration, Power, Endurance
9. Kalaripayattu is originated in _____
a) Tamil Nadu b) Karnataka c) Kerala d) Orisa
10. Silambam is originated in _____
a) Tamil Nadu b) Karnataka c) Kerala d) Orisa

PART-B

5 X 6 =30

Answer the following

Answer should not exceed 400 words or two pages

- 11. a) Explain the aims and objectives of traditional games.
- 11 b) What are the different types of traditional board games?
- 12. a) What are different sports and its organization give a brief account
- 12 b) How do industrialization change the traditional sports sector?
- 13. a) Origin of the game ball badminton – Describe
(or)
- 13. b) Origin of the Mallakhamb–Describe.
- 14. a) Explain the martial arts that developed during Maratha dynasty.
(or)
- 14. b) Explain the origin of wrestling.
- 15. a) How to play game Pallanguzhi and Gillidanda?
(or)
- 15. b) List out few online traditional games?

PART-C

5 X 12 =60

Answer the following

Answer should not exceed 800 words or four pages

- 16. a) Explain the importance and scope of traditional games.
- 16. b) What are the traditional methods of recreation?
- 17 a) What are the factors that influence the traditional games?
(or)
- 17.b) Explain the significance of industrialization in sports
- 18. a) What are the traditional game that are played in India? Explain any four.
(or)
- 18. b) Regional sports of Karnataka–Explain
- 19. a) What are martial arts that are developed in different period? Explain
(or)
- 19. b) Explain about the weapons that are used in martial arts?
- 20. a) What are all the modified traditional game for special students?
(or)
- 20. b) Explain about lagori, kit fishing, gilli panda?
