

Avinashiligam Institute for Home Science and Higher Education for Women

Continuous Internal Assessment I – October 2020

Class : II BSc

Time : 2 Hrs.

Semester – III

Max Marks: 30

18BPEC07 – Methods of Physical Education

Course Outcomes:

1. Recall the meaning, method principles and factors of methods in physical education.
2. Summarize the physical activities for demonstration.
3. Apply the methods of teaching learning in classroom situation.
4. Preparing the students for Intramural and extramural competition
5. Organize the various level of competition.

PART – A

Circle the Correct Answer

6 x 1 = 6

1. _____ is the motivational force for learning. CO1K1
a. Society b. Age c. Interest d. Teacher
2. An object or device used by the teacher in the course of teaching is _____. CO2K1
a. Teaching process b. Teaching method c. Presentation method d. Teaching Aid
3. A teacher must have _____. CO3K2
a. Suitably dressed b. Ample knowledge c. Good communication d. All the above
4. _____ method consist of a series of well planned exercises. CO2K4
a. At will b. Set drill c. Imitation d. Part
5. Class management depends on _____. CO3K4
a. Students b. Administrators c. Teachers d. Principal
6. _____ is the one of the principles of lesson plan. CO1K1
a. Teaching method b. Progesion c. Obedience d. Presentation technique

PART – B

Answer any two questions and it should not exceed 400 words 2X 6 = 12

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| 7.Explain learning by doing. | CO1K2 |
| 8. Write the scope of methods in Physical Education | CO2K2 |
| 9. How to make the goal clear in maxims of teaching? | CO2K3 |
| 10.Briefly write about the Principles of teaching. | CO3K3 |

PART – C

Answer any One of the following

Answer should not exceed 800 words or four pages 1X 12 = 12

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| 11.What are the factors influencing the teaching methods of physical education and explain it briefly. | CO2K3 |
| 12. Explain the different methods of teaching physical activities | CO3K2 |