

Continuous Internal Assessment Test II – March 2019

15BPEC30 – Rules of Games and Sports – VI (Volleyball & Softball)

Semester VI

Class : III UG

Time : 2 Hrs.

Major : Bachelor of Physical Education

Max Marks: 60

Part – A

Circle the Correct Answer

5X 1 = 5

1. Number of time outs in volleyball in each set

a.1 b.2 c.3 d. 4

2. Passing is a _____ skill

a. Offensive b. Defensive c. Technical d. Strategic

3. Substitute can be given by _____ during the game.

a. Referee b. Umpire c. Scorer d. Linesman

4. Number of innings in softball

a.9 b. 7 c. 6 d. 8

5. The official diamond has a pitching distance of _____.

a. 42feet b. 46feet c. 38 feet d. 44feet

Part – B

Answer the following in two or four lines

5 X 2 =10

6. List out the Offensive skills in Volleyball

7. Explain about Libero Player.

8. What is the team Composition in Volleyball?

9. Any two Offensive skill in Softball?

10. List out the Players equipment in softball

Part – C

Answer the following

Answer in two pages or do not exceed 200 words

3X5=15

11.a. Draw and specify the equipments of Antennae, Net, ball and player's jersey in volleyball
(Or)

11.b. Explain about the procedure of Substitution in Volleyball.

12.a. Explain the five ball system in Volleyball

(Or)

12.b. Explain any five rules in softball.

13.a. Write about the Defensive skills in softball?

(Or)

13.b. Explain the five signals in softball.

Part – D

Answer the following

Answer in Four pages or do not exceed 700 words

2x15 = 30

14.a. Draw a neat diagram of Volleyball court and with its specification

(Or)

14.b. Write about the Duties of Scorer, Referee, Umpire and Linesman in Volleyball.

15. a. Explain the Mechanism of officiating and duties of officials in softball

(or)

15.b. Write about the game/ method of play (innings) in softball