

Class : II BSc Time : 2 Hrs.

Semester – III Max Marks: 60

15BPFC07 – Methods of Physical Education

PART – A

Choose the Correct Answer 5 x 1 = 5

1. The teaching method used for effective learning of students is _____
a. Teaching method b. Audio Visual c. Class management d. Presentation technique
2. The good class management is the responsible for _____
a. Headmaster b. Teacher c. Correspondent d. Administrator
3. The another term for single League _____
a. Single elimination b. Round Elimination c. Single winning d. Round Robin
4. Intramural competition refers to _____
a. Inter institution b. Inter class c. Inter house d. All the above
5. Total number of Byes for 13 teams in single elimination tournament is _____
a.3 b.4 c.5 d.6

PART – B

Answer the following in one or two sentences 5 X 2 = 10

6. What is Class management?
7. What is Intramural?
8. Write the meaning for Extramural.
9. What is Lesson Plan?
10. Write the types of tournaments in Knock out basis.

PART - C

Answer the Following

Answer should not exceed 200 words or One Page

3 X 5 = 15

11. a. Write the values of Lesson plan (Or)
11. b. Write the meaning and objectives of Intramural.
12. a. Write the principles of good class management. (Or)
12. b. Write the drawbacks and benefits of Extramural.
13. a. Draw a single knock out fixture for 19 teams (Or)
13. b. Draw a single league fixture for 9 teams.

PART - D

Answer the following

Answer should not exceed 700 words or four pages **2X 15 = 30**

- 14.a. Elucidate the steps and factors influencing class management. (Or)
- 14.b. Write a general lesson plan for Standard 6 on any skill of your own game.
- 15.a. Write about incentive and awards in Physical education. (Or)
- 15.b. Draw a single knock out cum league fixture for 28 teams representing 4 zones.

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