

Avinashiligam Institute for Home Science and Higher Education for Women, Coimbatore – 641 043
Continuous Internal Assessment Test I – October 2020

Class : III BSc Physical Education

Major : Physical Education

Max Marks: 30

18BPEC20 – Theory of Games and Sports – V (Basketball & Hockey)

Course Outcomes

CO1: Outline the Basketball Long-Term Player Development Model, specifically how it relates to young players.

CO2: Identify the fundamental movement and basic technical skills of basketball and hockey to include multi- directional movement and footwork, perceptual abilities, passing, dribbling, shooting, rebounding, offensive and defensive stance.

CO3: Explain basic tactical elements of basketball and hockey to include movement without ball, spacing and principles of the game

CO4: Apply the lifestyle, health related and fitness components that are involved the game of basketball and hockey.

CO5: Display a working knowledge, roles and basic responsibilities of the coach in Practice.

Part – A

Answer all the questions

6X 1 = 6

1. What is the height of basket from floor to the top of the ring in Basketball? CO2 K3
a. 3.50 m b. 3.15 m c. 3.05 m d. 3.51 m

2. In which year the basketball was introduced in India? CO2K3
a. 1905 b. 1904 c. 1903 d. 1951

3. What is the height of basket net in basketball? CO3K2
a. Not less than 45 cm b. Not more than 35 cm
c. Not less than 40 cm d. Not more than 35 cm

4. In jump stop after receiving a pass, what is the player permitted to do? CO2K4
a. pivot in any direction on the front foot b. pivot in any direction on the back foot
c. pivot in any direction on either foot d. pivot in any direction on both foot

5. How many seconds may a player stay in his own restricted areas? CO3K3
a. 3 sec b. no limited time c. 5 sec d. 8 sec

6. The aim of Basketball games is CO2K2
a. Score in opponent basket b. prevent opponents from scoring
c. Both a and b d. High score at the end of playing time

Part – B

Answer any two questions and it should not exceed 400 words

2 X 6 = 12

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| 7. | Explain the team composition in Basketball | CO1K4 |
| 8. | Enumerate the types of dribbling with suitable drills | CO2K3 |
| 9. | Write the duties of Coach and Captain in Basketball? | CO4K1 |
| 10. | Write about Timing Violation in Basketball? | CO3K2 |

Part – C

Answer any one and it should not exceed 800 words

1 X 12 = 12

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| 11 | Draw a neat diagram of Basketball court and Board with neat diagram | CO2K4 |
| 12 | Write about the Foul and its types in Basketball? | CO4K3 |