

Class : III BSc

Time : 2 hours

Major: Physical Education

Max.marks :60

15BPPEC23 - Health Education, Safety Education and First Aid

PART – A

Circle the Correct Answer

5x1=5

1. Which medical condition will develop from severe blood loss?
(a) Shock. (b) Hypoglycaemia. (c) Anaphylaxis. (d) Hypothermia.
2. What is an open fracture?
 3. A. A fracture in which the bone ends can move around.
 - B. A fracture in which the bone is exposed as the skin is broken.
 - C. A fracture which causes complications such as a punctured lung.
 - D. A fracture in which the bone has bent and split.
4. For a nose bleed, ask the casualty to lean _____ slightly.
 - (a) Forward (b) Backward (c) Right (d) Left
4. Health Means _____
 - (a) Physically fit of an individual (b) Mentally Health of an individual
 - (c) Total well-being of an individual (d) None of the above
5. Name the disease caused by the deficiency of iron
 - (a) Osteomalacia (b) Hyperkeratosis (c) Anaemia (d) Pellagra

PART – B

Answer the following in one or two sentence

5x2=10

6. Define :- Safety Education
7. Meaning of Physical Education
8. List the types of First Aid

9. What is splint
10. Write the National level Health Organization

PART - C

Answer the following (one page)

3x5=15

11. (a) Write about the Health Education Programmers?
(or)
(b) Write the Introduction of Safety Education?
12. (a) What are Need and Important of Safety Education?
(or)
(b) Explain the Safety in physical education in Play field.
13. (a) Write the Important of First Aid?
(or)
(b) Explain the Principles of Physical Education

PART - D

Answer the following (six pages)

2x15=30

14. (a) Explain the Safety in Physical Education with respect of equipment and dresses? (or)
(b) Enumerate the Scope, aim and objectives of First Aid
15. (a) Write about the First Aid and emergency treatment of various causes (or)
(b) Explain the Types of First Aid.

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