

**Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore –  
641 043**

Continuous Internal Assessment Test I– April 2021

Class : I BSc

Major : Physical Education

Max Marks: 30

**18BPEC05 Theory of Games and Sports-II  
(Kabaddi, Ball Badminton and Handball)**

**Course Outcomes**

**CO1:** Teaching knowledge and understanding of a range of court and striking sports(including the rules and tactics used in each sport)

**CO2:** Understanding of a range of court and striking sports(including the rules and tactics used in each sport)

**CO3:** Ability to analyse and apply practical based coaching and teaching practices and strategies

**CO4:** Teaching ability with current technologies to enhance learning

**CO5:** The ability to demonstrate effective teaching strategies.

**Part – A**

Answer **all** the questions

6X 1 = 6

1. The playing court of handball is C04K1  
a)40X40cm b)40X 40m c))40mX20m d)14mX14m
2. What is the colour of the Warning Card used in Handball? C03K2  
A)Blue B)Black C)Red D)Yellow
3. Number of referees in handball C04K1  
a)2 b)3 c)4 d)5
4. How many players in handball team? C03K1  
a)12 b)7 c)10 d)14
5. 7 meter line is also called as C03K3  
A)goal line B) free throw line c)penalty line d)centre line
6. IHF Ball size for men in handball? C04K2  
a)size 1 b)size 2 c)size 3 d)size 4

**Part – B**

Answer any two questions ant it should not exceed 400 words

2 X 6 = 12

7. Briefly state the specific conditioning exercise for handball? C05K4
8. Describe the lead up games for shooting skill? CO2K4
9. Draw a neat diagram of goal post in handball specify the dimensions? C01K5
10. Briefly write down the goal area in handball? C05K3

**Part – C**

Answer any one and it should not exceed 800 words

1 X12=12

- 11 Enumerate the fundamental skills in handball? C04K5
- 12 Illustrate the equipment's, playing time, passive play and time out in handball? C05K6

