



K. Sambath

Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD [now MoE]
Re-accredited with an 'A++' Grade by NAAC CGPA 3.65/4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I –August 2025
I Semester

Class : I B.Ed.

Max. Marks: 60
Time: 2 Hrs

23BEDL1C Discipline Specific Elective (DSE) –I Guidance and Counselling

Course outcomes

- CO1** know the theoretical principle and practical processes in guidance and counselling
CO2 develop competency to meet the needs of the pupils of high and higher secondary classes with regard to educational, personal and vocational guidance
CO3 organize the guidance and counselling services in secondary schools
CO4 conduct the guidance and counselling programs
CO5 prepare the students as guidance and counselling professionals

PART – A

Choose the correct answer

6 x 1 = 6

1. Which organization first introduced vocational guidance in India? **CO1K1**
a. NCERT b. UNESCO
c. Ministry of Education d. Bureau of Psychology, Patna
2. Which of the following is a method used in vocational guidance? **CO1K2**
a. IQ tests only b. Dream analysis
c. Aptitude and interest inventories d. Picture completion test
3. Eclectic counselling is a combination of **CO2K2**
a. Psychoanalysis and behaviourism
b. Directive and non-directive counselling
c. Career and educational counselling
d. Clinical and group counselling
4. The first step in the counselling process is **CO2K1**
a. Establishing rapport b. Implementation of the plan
c. Action plan d. Goal setting
5. A school psychologist primarily helps students by **CO3K2**
a. Teaching life skills
b. Organizing extracurricular activities
c. Conducting psychological assessments and interventions
d. Teaching physical education
6. Who among the following can help a student facing challenges due to a recent physical injury that affects school participation? **CO3K3**
a. School Principal b. School Librarian
c. Lab Assistant d. Rehabilitation Worker

PART – B

Answer ALL questions

3 x 6= 18

Each answer should not exceed 200 words

7. a. Mention the aims and objectives of guidance. **CO1K2**
(or)
7. b. Describe the history of the guidance movement in India. **CO1K2**
8. a. Examine the steps involved in the counselling process. **CO2K4**
(or)
8. b. Analyze the essential qualities of a good counsellor. **CO2K4**
9. a. Outline the key responsibilities of a rehabilitation worker. **CO3K2**
(or)
9. b. Outline the role of a career master in vocational and career guidance. **CO3K2**

PART – C

Answer ALL questions

3 x 12 = 36

Answer should not exceed 800 words

10. a. Discuss the various areas of guidance with suitable examples. **CO1K2**
(or)
10. b. What is career guidance? Explain the process of collecting, filing, and disseminating occupational information. **CO1K2**
11. a. Assess the types of counselling with suitable examples. **CO2K5**
(or)
11. b. Assess the significance of research in improving counselling practices. **CO2K5**
12. a. How can a teacher contribute effectively to the school guidance program? **CO3K6**
(or)
12. b. How can a counsellor and psychologist work together to help students with behaviour problems? Give suitable examples. **CO3K6**

Staff in-charge: Ms. M. Vijayalakshmi

No. of Copies: 16