



## Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category 'A' by MHRD, Estd: u/s 3 of UGC Act 1956)

Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

**Bachelor's Degree Examination –November 2019**  
**Semester III**

**Class: II BSc**  
**Major: Bachelor of Physical Education**

**Time :3 Hours**  
**Max Marks: 100**

**18BPEC07- Methods of Physical Education**

**Part-A**

**Choose the correct answer**

**10 X 1 = 10**

- Teaching is an
  - Art
  - Effective
  - Culture
  - Method
- Factors influencing the methods of teaching are
  - Subject Matter
  - Past experience of the pupils
  - Situations
  - All the above
- Choose one suitable example for audio visual aids among the following
  - chart
  - Photos
  - Motion picture
  - Television
- Which method is followed in teaching major games and individual skills?
  - Imitation method
  - Part method
  - Demonstration method
  - At will method
- How many types of lesson plan are there?
  - Four
  - Three
  - Two
  - One
- In general lesson plan, minutes allotted for special part is
  - 8 min
  - 18 min
  - 5 min
  - 2 min
- Intramural tournaments means
  - Outside the walls
  - Inside and outside the walls
  - Within the walls
  - Outside the schools
- Objectives of the Intramural
  - Develop the skills
  - Incentive participation
  - Develop leadership qualities
  - All the above
- How many types of challenge tournaments.
  - Four
  - Three
  - Two
  - One
- The formula for calculating the number of matches for knockout Tournament is
  - $N-1$
  - $N(N-1)$
  - $N(N-1)/2$
  - 32

**PART-B**

**Answer the following questions**

**5 X 6 = 30**

**Answer should not exceed 400 words or one page**

11. a What are the teaching methods in physical education?  
(or)
11. b Express the learning by doing method in physical education.
12. a What are the benefits of using teaching aids.  
(or)
12. b Justify the uses of the audio visual aids.
13. a Explain the principles of class management.  
(or)
13. b Distinguish the advantages and disadvantages of lesson plan.
14. a Explain the objectives of the extramural.  
(or)
14. b Justify the incentives and awards given for physical educators.
15. a Draw a single knock out fixtures for 13 teams.  
(or)
15. b Draw a single league fixtures for 7 teams in stair case method.

**PART-C**

**Answer the following questions**

**5 X 12 = 60**

**Answer should not exceed 800 words or six pages**

16. a Explain the factors influencing the methods of teaching in Physical education.  
(or)
16. b Illustrate the Principles of teaching with suitable examples.
17. a Explain the different modality of teaching method of activity in physical education.  
(or)
17. b Summarize the types of audio visual aids.
18. a What are the factors influencing class management?  
(or)
18. b Prepare a model general lesson plan for elementary school students.
19. a Explain the advantages and objectives of Intramural tournament.  
(or)
19. b What are the principles observed the inter institutional competition.
20. a Draw a knock out cum knock out fixtures for 4 teams with 4 zones.  
(or)
20. b Draw knock out fixtures for 20 teams with 4 teams special seeded.

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