

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)

Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination –July 2020
VI Semester

Class : III UG
Major : Physical Education

Time : 2 Hours
Max. Marks : 50

15BPEC30 Theory of Games and Sports-VI
(Volleyball and Softball)

10 x 1 = 10

Part A

Choose the Correct Answer

1. The game of Volleyball originally called
a. nintonette
b. mintonette
c. mintotte
d. volley
2. What is the meaning of Bunt?
a. Batting technique
b. Pitching technique
c. Fielding technique
d. Officiating technique
3. What is the weight of the Volleyball?
a. 240 - 260 grams
b. 230 - 260 grams
c. 250 - 290 grams
d. 260 - 280 grams
4. What is the weight of the Softball?
a. 177 - 198 grams
b. 167 - 198 grams
c. 177 - 188 grams
d. 157 - 198 grams
5. Who is the father of Volleyball?
a. James Nicesmith
b. Johnson
c. William G Morgan
d. William James
6. What is the length of the Volleyball court?
a. 19 meters
b. 17 meters
c. 18 meters
d. 16 meters
7. The term "strike" will come in _____ game.
a. softball
b. volleyball
c. basketball
d. football
8. Spiking is one of the _____ skills in Volleyball.
a. defensive skills
b. offensive skills
c. offence and defence
d. skill
9. How many bases are needed in Softball?
a. One
b. Two
c. Three
d. Four
10. The top of the net is _____ above the center of the court for men's competition.

Part B

3 x 6 = 18

Answer any **Three** questions

Each answer should not exceed 400 words or two pages

11. Write the history of Volleyball in India.
12. Write the development of Softball in India.
13. Mention the specification of Volleyball net with neat diagram.
14. Mention the specification of Softball and softball net with a neat diagram.
15. Write the any two defensive skills in Volleyball.
16. Write the any two specific drills for pitching in Softball.
17. Write about the innings system in Softball.
18. Write the advantages of Libro in Volleyball.
19. List out the duties of officials in Softball.
20. List out the officiating signals in Volleyball.

Part C

2 x 11 = 22

Answer any **Two** questions

Each answer should not exceed 800 words or four pages

21. Explain the origin and history of softball around the world.
22. Explain the development of Volleyball around the world.
23. Draw a neat diagram of Volleyball court with all the necessary specifications.
24. Draw a neat diagram of softball diamond with all the specifications.
25. Explain any five offensive skills in Volleyball.
26. Discuss any five tactics in Softball.
27. Explain the scoring system of Volleyball.
28. Explain the position of players in Softball.