



Mavin

**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)  
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12 B  
Coimbatore-641 043, Tamil Nadu, India

**Continuous Internal Assessment I - February 2023**  
**VI Semester**

**Class : III UG**

**Major : Physical Education**

**Time : 2 Hrs**

**Max. Marks: 60**

**18BPEC29 Traditional Games of India**


**Course Outcomes:**

1. Appreciate the influence of traditional games in the Indian culture
2. To give students an opportunity to explore and play Indian traditional games
3. To be able to work as a team and engage in fair play
4. Improves precision ability, and hence enhances concentration.
5. Improves aim and focus.

**Part A**

**6 x 1 = 6**

**Choose the Correct Answer**

1. Jalikattu is associated with which Indian festival?  
a) Bihu      b) Pongal      c) Onam      d) Hornbill  
CO1K1
  2. How many oarsmen participated in the boat race?  
a) 100-150      b) 100-200      c) 300-350      d) 100-130  
CO1K2
  3. What is the song sang by the boatmen during the boat race?  
a) Vallamkali      b) Kalaripayattu      c) Vanchipattu      d) Jabarjung  
CO2K2
  4. Name the game you can see in the picture.  
CO1K2
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- a) Kabaddi      b) Lagori      c) Kancha      d) Lattoo
  5. In which of the famous temple of Tamil Nadu, Shiva is worshipped as "Natraja"  
a) Madura      b) Tanjore      c) Chidambaram      d) None of the above  
CO3K2
  6. The another name of Atya-Patya in Tamilnadu?  
a) killithattu      b) lon-pati      c) saramani      d) uppinat  
CO1K2

**Part - B**

**3 X 6 = 18**

**Answer should not exceed 400 words or One Page**

- 7.a) Explain about the regional sports in India  
(or)  
CO1K1
- 7.b) write about the Aims and objectives of Traditional games?  
CO1K2
- 8.a) Define Ancient and modern period  
(or)  
CO2K2
- 8.b) List any two types of traditional games in Kerala  
CO2K2  
CO3K3
- 9.a) briefly explain the following games  
(i) Gilli Danda (ii) Pallankuli (iii) Atya -patya  
(Or)  
CO4K3
9. Write short note on game in olden days

**Part - C**

**Answer the following**

**3 X 12 = 36**

**Answer should not exceed 800 words or one page**

- 10.a) Explain about the importance and scope of Traditional games?  
(or)  
CO1K2
- 10.b) Describe the national sports games in Andhra Pradesh  
CO1K2
- 11.a) Briefly explain the factors influencing games in Indian  
(or)  
CO1K2
- 11.b) Describe the game of Chauka bara  
CO1K2
- 12.a) list out the Martial Arts and Explain any three Martial Arts games  
(or)  
CO3K1
- 12.b) Explain the methods of Board Games  
CO2K3