

**Avinashiligam Institute for Home Science and Higher Education for Women, Coimbatore –
641 043**

Continuous Internal Assessment Test I – October 2020

Class : III BSc Physical Education

Major : Physical Education

Max Marks: 30

18BPEC19 – Adapted Physical Education

Course Outcomes

CO1: Relate a variety of factors to growth and motor development of individuals.

CO2: Demonstrate motor patterns, fundamental motor skills, sport specific skills and physical activity patterns of children and adolescents with special needs.

CO3: Recognize the perceptual-motor behaviour and developmental levels of the individual

CO4: Obtain knowledge about ability levels of persons with disabilities and gifted and talented individuals.

CO5: Providing appropriate curricula/programming for participants in adapted physical education settings.

Part – A

Answer all the questions

6X 1 = 6

1. Physical activity is basically a– CO2 K1
A) Social attribute B) Psychological tendency C) Biological necessity D) Philosophical concept
2. A Physical Education Teacher now-a-days is essentially– CO1 K2
A) An Instructor B) A Movement Educator C) A Drill Master D) All of the above
3. About IADL (Instrumental activity of daily living) which of the following is CO3 K4
NOT an example?
A) Food preparation. B) Telephone use. C) Going outdoors. D) Medication use.
4. A 12-year-old girl has childhood disability. She is noted to have posture and CO2 K4
movement difficulties. Which of the following conditions is she likely to have?
A) Down syndrome. B) Autism spectrum disorder. C) Spina bifida. D) Cerebral palsy.
5. Which of the following is an example of an intellectual disability? CO5 K3
a) Dyslexia b) ADHD C) Mental Retardation d) Autism
6. A disability may be present in which of the following? CO4 K4
a) Mobility Perception or Memory b) Speech Hearing or Eyesight c) Continence ,
Dexterity or Physical Coordination

Part – B

Answer any two questions ant it should not exceed 400 words

2 X 6 = 12

7. Write the aims and objectives of Adapted Physical Education CO1 K2
8. List down the supportive aids for persons with disability CO3 K1
9. Define and brief about Unified Sports CO4 K4
10. Breif the Government welfare program for differently abled persons CO2 K3

Part – C

Answer any one and it should not exceed 800 words

1 X 12 = 12

- 11 Enumerate the need and importance of Adapted physical Education and Role of CO1 K4
Physical Education in Adapted physical Education
- 12 Explain about the Physical Disabilities CO3 K2