



Sambath

Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MoE)
Re-accredited with A++ Grade by NAAC. CGPA 3.65/4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I – February 2026
II Semester

Class : I B.P.Ed
Major : Physical Education

Time: 2 hours
Maximum Marks: 60

23BPDC10 Computer Applications in Physical Education

Course Outcomes:

At the end of the course, students will:

1. Explain the fundamental knowledge about computers in physical education
2. Discuss about the usage of various computer applications
3. Analyze mathematics, statistics, and information technology in sport technology related problems.
4. Offer Hands on technology Knowledge in Physical Education
5. Fostering Creative abilities through technology for boosting cognitive functions

Part - A

6 x 1 = 6

Choose the Correct Answer

1. ICT stands for CO1 K3
 - a. Integrated Computer Technology
 - b. Information and Communication Technology
 - c. International Communication Tool
 - d. Information Control Technique
2. The main purpose of using computers in Physical Education is to CO2 K3
 - a. Reduce sports participation
 - b. Increase paperwork
 - c. Improve efficiency and accuracy
 - d. Replace teachers
3. Which of the following is an input device? CO3 K2
 - a. Monitor
 - b. Printer
 - c. Keyboard
 - d. Speaker
4. MS Word is mainly used for CO1 K3
 - a. Spreadsheet preparation
 - b. Presentation design
 - c. Document creation and editing
 - d. Image processing
5. Spell check option in MS Word is used to CO2 K1
 - a. Insert tables
 - b. Correct spelling errors
 - c. Adjust margins
 - d. Insert pictures
6. Page numbers are inserted in MS Word through CO3 K2
 - a. Home tab
 - b. Review tab
 - c. Insert tab
 - d. Layout tab

Part - B

3 x 6 = 18

Answer ALL Questions

Each answer should not exceed 400 words or two pages

7. a. Explain the meaning and importance of ICT in Physical Education. CO3 K2
(or)
7. b. Describe the applications of computers in Physical Education and sports. CO2 K3
8. a. Explain the components of a computer system. CO1 K3
(or)
8. b. Write a note on input and output devices used in computers CO5 K4
9. a. Explain the features and uses of MS Word. CO4 K3
(or)
9. b. Describe the formatting and editing features of MS Word. CO3 K

Part - C

3 x 12 = 36

Answer ALL questions

Each answer should not exceed 800 words or four pages

10. a. Explain in detail the components of a computer and their functions. CO2 K3
(or)
10. b. Describe the input and output devices used in computer systems. CO3 K3
11. a. Define ICT and explain in detail the need and importance of computers in Physical Education. CO4 K4
(or)
11. b. Discuss the applications of computers in Physical Education and sports with suitable examples. CO4 K3
12. a. Explain the process of creating, saving, and opening a document in MS Word. CO1 K4
(or)
12. b. Describe the formatting, editing, and printing features of MS Word in detail. CO2 K3

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Staff in-charge: Mrs. A.Kiruthika