



Mallinagar

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test II – April 2023
IV SEMESTER

Class : II BPED
Major: Physical Education

Time: 2 hours
Maximum Marks: 60

21BPDC27 – Theory of sports and games
(Track & Field, Games)

Course Outcomes:

At the end of the course, students will:

1. Know the fundamental of all the games and sports
2. Understand the rules of all the games and sports
3. Preparing the students for the competition
4. Classify the students accordingly for various games and sports
5. Design and practice the new methods of technique and training

Part-A

6x1=6

Choose the correct answer

1. Penalties are thrown from what distance in a hockey game .
a. 6 b. 11 c. 7mts d. 8mts CO1K3
2. The first point scored in a tennis game is
a. 15 point b. 1point c. 3point d. 20point CO1K2
3. tennis games high arching shot landing near the baseline is called
a. Serve b. Smash c. tap d. lop CO2K1
4. Name the nation that won the 2014 kabaddi cup mens title .
a. Chain b. india c. pakistan d..Bangladesh CO2K2
5. How many players should be three in kho-kho team totally
a. 12 b. 8 c. 10 d. 9 CO2K2
6. In India Which place was kho-kho invented
a. Chennai b. kerala c. maharashtra d. sikkim CO2K1

Part- B

3x6=18

Answer ALL Questions

Each answer should not exceed 400 words or two pages

7. a. Short notes : Ethics of sports and sportsmanship rules and regulation
(or) CO1K3
7. b. Briefly explain skill and techniques hockey game CO1K2
8. a. Brief about preparation and handling of the score sheet kabaddi
(or) CO1K2
8. b. Explain standard equipment and specifications of Football . CO2K3
9. a. Explain about the history of the kho-kho game .
(or) CO2K2
9. b. Briefly explain skills and techniques .handball game. CO2K2

Part-C

3x12=36

Answer ALL questions

Each answer should not exceed 800 words or four pages

10. a. Explain the history and development of tennis.
(or) CO1K1
10. b. Elaborate the ethics of sports and sportsmanship rules and regulations kho-kho games CO1K3
11. a. draw handball court.
(or) CO2K1
11. b. What are skill and techniques of kabaddi and score sheets? CO2K3
12. a. Ground preparation and dimensions and marking of volleyball ground
(or) CO2K1
12. b. Explain history and development of throwball? CO2K1