



Chambal

Avinashilingam Institute for Home Science and Higher Education for Women

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD [now MoE]

Re-accredited with A++ Grade by NAAC. CGPA 3.65 /4, Category I by UGC

Coimbatore - 641 043, Tamil Nadu, India

**Bachelor of Physical Education Degree Examination – May 2025
IV Semester**

Class: II B.P.Ed.

**Time : 3 Hours
Max. Marks : 100**

23BPDC26 Officiating and Coaching

Course Outcomes:

CO1: Understand the concept and mechanism of officiating and coaching

CO2: Describe the duties of coaches and officials

CO3: Identify and implement risk management strategies for the well-being of athletes, spectators and officials

CO4: Apply the concept of coaching and officiating

CO5: Analyze training requirements for different sporting populations

Part A

10 x 1 = 10

Choose the Correct Answer

1. This standard of officiating talks about that officiating should be free of any interest that might bias their judgement. CO1 K2
a. Impartiality b. Honesty c. Integrity d. Decision-making
2. _____ officiating philosophy is one that is accepted by peers. CO1 K2
a. Combination b. Balanced c. Strict d. Good
3. A coach's duties vary, help clients develop sportsmanship and respect for the game represents, CO2 K2
a. Motivating b. Monitoring c. Advising d. Mentoring
4. Pressure-packed situations can reduce quality or cause performers to adopt negative solutions. This statement refers to CO2 K1
a. Pressure handling b. Pressure building
c. Pressure relieving d. Pressure reading
5. Official may inspect the uniform of team/teams and instructions may be given to them accordingly, this is, _____ duty. CO3 K1
a. Post-game b. On-Field c. Planning-Phase d. Pre-game
6. Officials should avoid conflicts of interest, such as betting on the competition, this upholds their CO3 K2
a. Personality b. Preparation c. Integrity d. Capacity
7. This means competitions that are taking place between two or more institutions or cities. CO4 K1
a. Intramural b. Extramural c. Institutional d. Independent games
8. What is the normal time difference between which both the Summer Olympics and Winter Olympics are held? CO4 K2
a. 1 year b. 2 years c. 3 years d. 4 years
9. In a 3 - person basketball officiating crew, the centre position is known as CO5 K3
a. Clique b. Trail c. Slot d. Lead
10. The first edition of Indian Women's Premier League (Cricket) was held in the year CO5 K2
a. 2022 b. 2019 c. 2021 d. 2023

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Highlight the need for a positive relationship between official and Coach with management, players and spectators. **CO1 K3**
(or)
- 11.b. Describe the importance of officiating for smooth conduct of any sport. **CO1 K3**
- 12.a. Enumerate the duties of a coach during the pre-game and post-game and during-game periods. **CO2 K2**
(or)
- 12.b. Elucidate the responsibilities of a coach on and off the field. **CO2 K2**
- 13.a. Write a brief note on position, singles and movement mechanics of officiating with examples. **CO3 K4**
(or)
- 13.b. Explain the duties of official in general and post game periods. **CO3 K3**
- 14.a. Enumerate the qualities of an effective coach. Suggest point on how to be a truly exceptional coach? **CO4 K4**
(or)
- 14.b. Discuss the integrity and values in sports in your game of specialization. **CO4 K3**
- 15.a. Highlight the various strategies involved in Offence and Defense by mentioning the principles of offence and defense. **CO5 K4**
(or)
- 15.b. Explain the principles of officiating and coaching in detail. **CO5 K5**

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Explain the concepts of Officiating and Coaching. Why are these considered essential components of any sport? **CO1 K4**
(or)
- 16.b. Present the current standards of officiating and coaching. Suggest measure of improving the standards of officiating and coaching. **CO1 K3**
- 17.a. Explain the importance of psychology during competitions and coaching. **CO2 K4**
(or)
- 17.b. Elucidate the philosophy of Coaching. Explain the duties of a Track and Field Chief Coach in pre-, during- and post- athletic meet. **CO2 K4**
- 18.a. Synthesize the intricacies involved in the task of Officiating. Present five signals with diagrams of any two games. **CO3 K3**
(or)
- 18.b. Highlight the essential aspects of ethics in officiating and the philosophy of officiating. **CO3 K4**
- 19.a. Present a detailed note on the eligibility rules of inter-collegiate and inter-university tournaments highlighting relevant illustration. **CO4 K3**
(or)
- 19.b. Judgement and communication during conduction of a game are considered as essential qualities of sports officials. Justify the sentence. **CO4 K5**
- 20.a. Present a detailed note on recreational and lead up games. How these games can be conducted for a group on a sports day for non-professional participants? **CO5 K4**
(or)
- 20.b. Describe the concept of conditioning, warming up with illustration by choosing a sport. **CO5 K2**
