

Avinashilingam Institute for Home Science and Higher Education for women
Coimbatore – 641 043
Continuous Internal Assessment Test II – April 2021

Class : III BSc
Major : Bachelor of Physical Education

Time : 2 Hrs.
Max Marks: 30

18BPEC30 - Theory of Games and Sports -VI (Volleyball and Softball)

Course Outcome

1. Students are able to apply personal skills (including serving, overhand passing, underhand passing, spiking and blocking) in modified games.
2. Provide opportunities for students to make self and peer assessment to enhance collaborative learning.
3. Understanding of the teaching/coaching techniques
4. Expertise in teaching basic skill and advance skill in softball
5. Creates Opportunity to officiate in different tournaments .

PART – A

Choose the Correct Answer

6x1=6

1. The Size of the volley ball antennae is CO1 K1
- a. 1.80m x 10mm b.1.70m x 10mm c. 1.80m x 9mm d. 1.60m x 10 mm
2. In volley ball players jerseys must be numbered from CO1 K1
- a.1 – 12 b. 1- 18 c. 1- 15 d. 1-20
3. Softball innings CO1 K1
- a. 10 innings b. 9 innings c. 11 innings d. 8 innings
- 4 What was the original name of volleyball? CO1 K1
- a. Lacrosse b.Minton c. Mintonette d.Badminton.
5. A _____is an over in which no runs are scored of the bat CO3 K1
- a. Beamer b.Shooter c.Maiden d.Grubber
6. In Ball Badminton, the game consists of CO3 K1
- a. 25 points b. 15 points c. 11 points d. 35 points

PART – B

Answer the following

2x6=12

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| 7) Write the position of play in Softball | CO1 K1 |
| 8) Explain the faults in volley ball game | CO5 K1 |
| 9) Describe about the scoring system in volley ball game | CO3 K2 |
| 10) Write the Softball equipments with specifications | CO3 K1 |

PART - C

Answer the following

1x12=12

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|--|--------|
| 11) Briefly explain about the duties and responsibilities of a coach and assistant coach in Volley ball match? | CO1 K3 |
| 12) Draw a neat diagram of softball Pitch with all specifications | CO2 K1 |