

Maurine

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with A+ Grade by NAAC. Recognized by UGC under Section 12B
Coimbatore - 641 043, Tamil Nadu, India
Continuous Internal Assessment I- Aug- 2024
Semester -I

Class: I BPEd

Max Marks: 60

Major: Physical Education

Duration: 2hours

23BPDEIB -Health Education, Safety Education and first Aid

Course Outcomes:

1. Explain the history and philosophy of public health as well as its core values, concepts, and functions across the globe and in society.
2. Identify the methods, and tools of public health data collection, use, and analysis
3. Relate the underlying science of human health and disease to opportunities for promoting and protecting health across the life course.
4. Identify the socio-economic, behavioral, biological, environmental, and other factors that impact human health and contribute to health disparities.
5. Apply the principles of project implementation, including planning, assessment, and evaluation in organizational and community initiatives.

Part -A

Answer all the questions

1x6=6

1. Spectrum of health CO3K1
(a) positive health (b) freedom from sickness (c) better health (d) all of the above
2. Health is define as CO1K2
(a) physically well (b) mentally well
(c) socially well (d) All of the above
3. Communicable disease CO3K3
(a) malaria (b) cholera (c) cancer (d) a and c (e) a and b
4. Obesity causes CO2K2
(a) heredity (b) inactivity (c) genetics (d) all of the above
5. Which of the following diseases is associated with vitamin C deficiency? CO1K3
a) psoriasis b) Scurvy c) pellagra d) vitiligo
6. Non communicable disease CO1K4
(a) cardio vascular disease (b) cancer
(c) chronic respiratory disease (d) all of the above

Part B

Each answer should not exceed 400 words or two pages

3x6=18

- 7 (a) Explain the importance and need of health education. CO3K2
(Or)
7.(b) Describe the Aim and principle of health education. CO2K3
- 8 (a) Sort notes on communicable and non communicable disease with example. CO2K4
(Or)
8.(b) Enumerate school health service, need and importance of health education. CO3K1
- 9 (a) Explain health organization of district and state level. CO3K2
(Or)
9.(b) Causes and affect of physical and mental health. CO5K1

Part C

Each answer should not exceed 800 words or two pages

3x12=36

- 10.(a) Explain health education, health supervision, aim and objective CO3K2
(Or)
10.(b) Short notes inter relationship various aspects of health CO2K2
11. (a) Drugs and harmful effect of health. CO3K2
(Or)
11. (b) Define communicable disease explain any two communicable disease CO4K3
12. (a) short notes Hygiene of school: health appraisal, health record CO4K3
(Or)
12 (b) short notes on sexually transmitted diseases CO2K3

Staff incharge Mrs.muneeswari

Total no. of papers 18