



*Nanniyar*

**Avinashilingam Institute for Home Science and Higher Education for Women**

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)  
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

**Bachelor of Physical Education Degree Examination – May 2022**  
**IV Semester**

**Class: II B.P.Ed.**

**Time : 3 Hours**  
**Max. Marks : 100**

**18BPDC27 Theory of Sports and Games**

**Course Outcomes:**

- CO1: Know the fundamentalsathletics, badminton and softball  
CO2: Understand the rules ofbasketball, cricket and ball badminton  
CO3: Design and practice the hockey, handball and tennikiot  
CO4: Methods of technique and training the kabaddi, kho-kho and volleyball  
CO5: Preparing the competition of football, throwball and tennis

**Part A** **10X1=10**  
**Choose the Correct Answer**

1. MDR means CO1K2  
a. marking distance radius b. maintain distance running  
c. manage distance running d. manage distance radius
2. "POON" is related to CO3K3  
a. Basketball b. Kabaddi c. Badminton d. Tennikiot
3. The ball badminton federation of India was formed in CO2K1  
a. 1955 b. 1983 c. 1986 d. 1954
4. \_\_\_\_\_ is a team sport consists of ten players usually played by two teams,  
each side of five players on the court.. CO3K2  
a. volleyball b. ball badminton c. basketball d. soccer
5. Hockey penalty spot is marked at a distance \_\_\_\_\_ from goal line. CO3K3  
a. 6.40 mts b. 6.45 mts c. 6.47 mts d. 6.49 mts
6. What is the weight of women handball? CO4K5  
a. 324-376gms b. 325-375gms c. 321-374gms d. 324-375gms
7. The volleyball playing court free zone which is minimum of \_\_\_\_\_ wide on all sides. CO2K1  
a. 2.55 mts b. 2.45 mts c. 3 mts d. 2.43 mts
8. Duration of kabaddi timeout is CO2K4  
a. 45 secs b. 30 secs c. 60 secs d. 40 secs
9. How many substitutions are allowed in football game? CO3K2  
a. 3 b. 5 c. 4 d. 2
10. How many officials needed in throw ball game? CO3K2  
a. 5 b. 4 c. 6 d. 8

**Part B****5 x 6 = 30****Answer ALL questions****Each answer should not exceed 400 words or two pages**

11. Explain the scoring system of badminton. CO1 K2  
(or)
- 11.b. Explain the scoring system of soft ball. CO1 K3
- 12.a. Write down the three seconds, five seconds and eight seconds rules in basketball. CO2 K4  
(or)
- 12.b. What are the types of wickets in cricket? Explain it. CO2 K5
- 13.a. Draw and Explain the specifications of handball goal post. CO3 K6  
(or)
- 13.b. Draw and Explain the specifications of hockey goal post. CO3 K2
- 14.a. What is bonus point and golden raid? CO4 K5  
(or)
- 14.b. Describe about history of volleyball. CO4 K3
- 15.a. Write down the general rules of throw ball. CO5 K3  
(or)
- 15.b. Explain the advantage set and tie break set in tennis. CO5 K3

**Part C****5 x 12 = 60****Answer ALL questions****Each answer should not exceed 800 words or four pages**

- 16.a. Draw and Explain the specifications of javelin throw sector. CO1 K2  
(or)
- 16.b. Explain various types of stagger with formula. CO1 K3
- 17.a. Draw and Explain the specifications of badminton court. CO2 K2  
(or)
- 17.b. Describe about the any four skills of basketball. CO2 K3
- 18.a. Draw and explain the specifications of hockey court. CO3 K3  
(or)
- 18.b. Draw the tennikoit court with specification. CO3 K4
- 19.a. Summaries the History and Development of Kabaddi in India CO4 K6  
(or)
- 19.b. Describe about playing positions of volleyball game with diagram. CO4 K4
- 20.a. Explain any five rules and Interpretation in Foot Ball. CO5 K4  
(or)
- 20.b. Illustrate the Ethics of sports and sportsmanship. CO5 K2

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