



Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)

Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – June 2021

IV Semester

Class : II UG
Major : Physical Education

Time: 3 Hours
Max. Marks: 100

18BPEC13 Movement Education and Primary Education

PART A

10 x 1 = 10

Choose the Correct Answer

1. Movement framework is the basis for the planning of all movement experiences in _____ physical education.
 - a. Middle school
 - b. Cedar school
 - c. Secondary school
 - d. High school
2. Which of the following is a non-locomotors skill?
 - a. Bending, pushing
 - b. Walking, leaping
 - c. Throwing, kicking
 - d. All the above
3. Which is the even rhythmic movement?
 - a. Roll
 - b. Gallop
 - c. Slide
 - d. None of this
4. Which is the axial movement?
 - a. Push & pull
 - b. Catch
 - c. Gallop
 - d. None of this
5. Which is the equipment use to find body fat
 - a. Skin fold calliper
 - b. Flexible metal tape
 - c. Weighing machine
 - d. None of the above
6. Physical activity is a
 - a. Social attribute
 - b. Psychological tendency
 - c. Biological necessity
 - d. Philosophical concept
7. Who was created a structure for organizing human movement to guide teaching and learning in dance?
 - a. Rudolf laban
 - b. Ralph tyler
 - c. Mosston
 - d. None
8. What are the parts to involved in gymnastic movement content
 - a. Loco motor
 - b. Rotation
 - c. Balance
 - d. All the above
9. The most commonly administered IQ test is called
 - a. Intelligence scale
 - b. Adult intelligence
 - c. a & b
 - d. All the above
10. Which is the name of equipment to measure weight?
 - a. Weighing machine
 - b. Stadio meter
 - c. Tape
 - d. None of the above

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. What is the movement education? Describe.
(or)
11.b. Write a short note on (i) locomotors and (ii) non locomotors movements.
- 12.a. Write a short notes on body awareness.
(or)
12.b. Write a short notes on spatial awareness.
- 13.a. Write down the foundation of active life style.
(or)
13.b. Write the principles of primary physical education.
- 14.a. Describe the purpose of outdoor activities.
(or)
14.b. Write the need and importance of aquatic activity.
- 15.a. Describe the importance of teaching methodology.
(or)
15.b. Write a lesson plain for primary physical education'

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Explain the concept and factors movement education.
(or)
16.b. Explain the factors affecting your active lifestyle.
- 17.a. Explain the qualities and relationship of movement.
(or)
17.b. Explain the methods of teaching in the field of physical education.
- 18.a. Explain the aims and objectives of primary Physical Education
(or)
18.b. Explain the principles and guidelines good practice.
- 19.a. Explain the deferent types of Gymnastics.
(or)
19.b. Explain the aquatics recreational activities
- 20.a. Explain the activities associated with plaining and organization of primary physical education.
(or)
20.b. Explain the major parts of a lesson plain for physical education.
