



Neeraj

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

**Bachelor of Physical Education Degree Examination – May 2023
IV Semester**

Class: II B.P. Ed.

**Time : 3 Hours
Max. Marks: 100**

21BPDC27 Theory of Sports and Games

Course Outcomes:

- CO1: Know the fundamentals athletics, badminton and softball
CO2: Understand the rules of basketball, cricket and ball badminton
CO3: Design and practice the hockey, handball and tennikiot
CO4: Methods of technique and training the kabaddi, kho-kho and volleyball
CO5: Preparing the competition of football, throwball and tennis

**Part A
Choose the Correct Answer**

10 x 1 = 10

1. How many quarters are there in basketball? CO1 K1
a. 4 b. 2 c. 6 d. 3
2. How many types of no ball in cricket? CO2 K2
a. 4 b. 5 c. 6 d. 7
3. Weight of Javelin throw for men. CO2 K2
a. 800 gm b. 900 gm c. 600 gm d. 8.50 gm
4. Minimum weight of the volleyball at the starting of the match. CO2 K1
a. 260 to 280 grams b. 250 to 275 grams
c. 225 to 275 grams d. 250 to 285 grams
5. How many points are there in one set of badminton game? CO1 K3
a. 20 b. 21 c. 25 d. 22
6. How many rounds the athlete will take in 5000 meters race on a 400 meters track? CO2 K3
a. 12.5 rounds b. 13 rounds
c. 10.5 rounds d. 14 rounds
7. Ball badminton ball weight is CO4 K4
a. 20 grams b. 21 grams
c. 19 gram d. 22 to 2320 grams
8. What is the length and width of hockey field? CO2 K2
a. 90.4 X 055 m b. 90.4 X 50 m
c. 91 X 55 m d. 91.4 X 55 m
9. Thomas cup related to game. CO2 K2
a. Basketball b. Ball Badminton
c. Cricket d. Badminton
10. Uber cup played in badminton by CO1 K2
a. Men b. Junior
c. Men and Women d. Women

A

Part B
Answer ALL questions

5X6=30

Each answer should not exceed 400 words or two pages

- 11.a. Write down standard equipment and their specifications of badminton. CO2 K2
(or)
- 11.b. How to prepare and handling of score sheet in softball game? CO1 K1
- 12.a. Write short notes on history and developments of ball badminton game. CO3 K3
(or)
12. b. Write down standard equipment and their specifications of cricket game. CO3 K3
13. a. How to prepare and handling of score sheet in tennikoit game? CO3 K3
(or)
- 13.b. List out fundamental skills and techniques of handball game. CO4 K2
- 14.a. Write the history and development of kho-kho game. CO2 K1
(or)
14. b. How to prepare and handling of score sheet in volleyball game. CO1 K1
15. a. Write down the list of standard equipments and their specifications of tennis game. CO2 K3
(or)
- 15.b. List out fundamental skills and techniques in throw ball game. CO2 K2

Part C

5X12=60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Draw a neat diagram of 400 mts standard Track with all its measurements. CO1 K1
(or)
- 16.b. List out fundamental skills and techniques in softball game and explain how you will improve the skills and techniques. CO2 K2
- 17.a. Describe the ethics of sports and sportsmanship and explain the fouls in basketball game. CO3 K3
(or)
17. b. List out fundamental skills and techniques in ball badminton game and explain how you will improve the skills and techniques. CO2 K1
18. a. Draw a neat diagram of handball dimensions and marking with all its measurements. CO1 K2
(or)
- 18.b. List out fundamental skills and techniques in hockey game and explain how you will improve the skills and techniques. CO2 K3
- 19.a. Describe the ethics of sports and sportsmanship and explain the duties of officials in kabaddi game. CO3 K4
(or)
19. b. Draw a neat diagram of volleyball dimensions and marking with all its measurements. CO2 K2
20. a. Draw a neat diagram of football dimensions and marking with all its measurements. CO2 K2
(or)
- 20.b. List out fundamental skills and techniques in tennis game and explain how you will improve the skills and techniques. CO1 K1
