



Meeiraj

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)

Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – May 2023

IV Semester

Class : II UG / 2020 Batch(Arrear)

Time : 3 Hours

Major : Physical Education

Max Marks:100

21BPEC15 / 18BPEC15 Theory of Games and Sports-IV (Track & Field, Badminton and Table Tennis)

Course Outcomes:

1. Equip the student with the fundamental skill and knowledge to design his /her own training program
2. Aims to provide students with the basic sports science knowledge and skill of running, jumping and throwing
3. Appreciate track and field events by applying sports science knowledge to explain the execution of the events
4. Obtaining knowledge of the basic teaching rules and regulations of the various events
5. Verbalise the rules and regulations of each event

Part A

10 x 1 = 10

Choose the Correct Answer

1. Which year did badminton officially become an Olympic sport? CO1K1
a. 1972 b. 1992
c. 1982 d. badminton never became an Olympic sports
2. Which of the following athletics events was played in the ancient Olympic games? CO1K1
a. Discus b. Pole-vault
c. Steeplechase d. Javelin-Throw
3. The Game table tennis was first started in the country CO2K1
a. England b. Greece
c. China d. Hong Kong
4. What is the height of 110 m hurdles? CO2K1
a. 1.067 Mts b. 1.087Mts
c. 1.94Mts d. 1.042Mts
5. The length of the men Javelin is? CO2K3
a. 2.6 and 2.7mts b. 2.6 and 2.8mts
c. 2.7 and 2.9mts d. 2.9 and 2.10mts
6. The weight of the Relay baton is _____ CO1K2
a. Not less than 40 gms b. Not less than 55 gms
c. Not less than 50 gms d. Not less than 45 gms
7. The maximum width of landing area in triple jump CO2K2
a. 2.50 mts b. 2.
c. 3 mts d. 3.25 mts
8. Which of the following is the right sequence in the triple jump? CO2K3
a. Step, Hop, Jump b. Step, Jump, Hop
c. Hop, Step, Jump d. Hop, Jump, Step
9. In a 400m hurdles race, how many hurdles do athletes have to jump over? CO2K3
a. 10 b. 8
c. 9 d. 7
10. A shot which barely clears the net and immediately drop sharply is called as CO2K3
a. Drive b. Smash
c. Clear d. Drop

Part B

5 X 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Briefly explain about the history of triple jump. (or) CO2K2
11.b. Write about the history of Javelin. CO1K1
12.a. Draw the table tennis court and net with measurements. (or) CO2K2
12.b. Give the dimensions of a pole-vault pit with diagram CO2K2
13.a. Briefly explain the hurdle technique. (or) CO2K2
13.b. Write a short note on basic skills of badminton. CO2K3
14.a. What is "let" in badminton?- Discuss. (or) CO1K1
14.b. How to resolve the tie in high jump? CO2K2
15.a. Explain the duties of officials in table tennis? (or) CO2K2
15.b. Explain the duties of triple jump officials. CO2K3

Part C

5 X 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Explain the origin and history of Badminton in detail. (or) CO1K1
16.b. Explain the origin and history of Table Tennis in detail. CO2K2
17.a. Draw the dimensions and measurements of 400 standard track and field events. (or) CO1K2
17.b. Draw the badminton court, net, racket and shuttle cock with measurements. CO2K2
18.a. Discuss the fundamental skills of table tennis. (or) CO2K2
18.b. Explain the different techniques of baton exchange in relay race. CO2K2
19.a. Explain the rules of table tennis and scoring system in details. (or) CO1K2
19.b. Explain the duties of track officials in hurdles event. CO1K3
20.a. Discuss the roles and duties of badminton officials. (or) CO2K2
20.b. Explain the duties of referees, judges for jumping events. CO2K3
