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Avinashilingam Institute for Home Science and Higher Education for Women

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD [now MoE]

Re-accredited with A++ Grade by NAAC. CGPA 3.65 /4, Category I by UGC

Coimbatore - 641 043, Tamil Nadu, India

Bachelor of Physical Education Degree Examination – May 2025

IV Semester

Class: II B.P.Ed.

Time : 3 Hours

Max. Marks : 100

23BPDC27 Theory of Sports and Games

Course Outcomes:

CO1: Know the fundamental of all the games and sports understand the rules of all the games and sports Preparing the students for the competition

CO2: Classify the students accordingly for various games and sports.

CO3: Design and practice the new methods of technique and training

Part A

10 x 1 = 10

Choose the Correct Answer

1. In badminton, how many points are required to win a game. CO1 K1
a. 11 b. 15 c. 21 d. 25
2. What is the maximum number of attempts allowed in long jump? CO2 K2
a. 3 b. 5 c. 6 d. 7
3. What is the length of a standard cricket pitch? CO3 K1
a. 18 yards b. 20 yards c. 22 yards d. 24 yards
4. What is the height of a basketball hoop from the ground? CO2 K2
a. 8 feet b. 9 feet c. 10 feet d. 11 feet
5. In tennikoit, what is the weight of a standard ring? CO3 K1
a. 100g b. 120g c. 160g d. 200g
6. Which country is credited with inventing handball? CO3 K2
a. Germany b. France c. Sweden d. USA
7. In kho-kho, how many players are active on the field at a time? CO3 K1
a. 6 b. 7 c. 8 d. 9
8. In which country the game kabaddi originate. CO1 K2
a. India b. Pakistan c. Bangladesh d. Nepal
9. What is the standard size of a football field? CO1 K1
a. 80x50 meters b. 90x60 meters c. 100x70 meters d. 110x75 meters
10. What is the standard height of a tennis net at the center? CO2 K2
a. 0.80m b. 0.91m c. 1.00m d. 1.10m

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

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| 11. a. Explain the scoring system in softball.
(or) | CO1 K2 |
| 11. b. What are the ethics and sportsmanship principles followed in athletics? | CO1 K2 |
| 12. a. Explain the dimensions and markings of a basketball court.
(or) | CO2 K3 |
| 12. b. Describe the essential skills and techniques required in cricket. | CO2 K3 |
| 13. a. Explain the dimensions and markings of a hockey field.
(or) | CO3 K4 |
| 13. b. Explain the scoring system in tennikoit. | CO3 K4 |
| 14. a. Explain the ground dimensions and markings of kabaddi.
(or) | CO2 K5 |
| 14. b. Describe the essential skills and techniques in kho-kho. | CO2 K5 |
| 15. a. Explain the dimensions and markings of a football field.
(or) | CO3 K6 |
| 15. b. Explain the scoring system in tennis. | CO3 K6 |

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

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| 16. a. Explain the rules and regulations of badminton in detail.
(or) | CO1 K3 |
| 16. b. Explain the techniques involved in track and field events. | CO1 K3 |
| 17. a. Explain the rules and regulations of ball badminton in detail.
(or) | CO2 K4 |
| 17. b. Explain the skills and techniques involved in bowling and batting in cricket. | CO2 K4 |
| 18. a. Explain the rules and regulations of handball in detail.
(or) | CO3 K5 |
| 18. b. Explain the skills and techniques involved in hockey. | CO3 K5 |
| 19. a. Discuss the history and development of kabaddi.
(or) | CO3 K6 |
| 19. b. Describe the standard equipment and specifications used in volleyball. | CO3 K6 |
| 20. a. Explain the rules and regulations of throw ball in detail.
(or) | CO2 K6 |
| 20. b. Explain the techniques involved in dribbling and passing in football. | CO2 K6 |
