



**Part B**

**5 x 6 = 30**

**Answer ALL questions**

**Each answer should not exceed 400 words or two pages**

- 11.a. Discuss the origin of the game kabaddi  
(or)  
11.b. Describe the development of the game Handball
- 12.a. Sketch a neat diagram of Kabaddi court with specifications  
(or)  
12.b. Sketch a neat diagram of Ball badminton equipment's with specifications
- 13.a. Describe a Specific Conditioning drills for Kabaddi Players  
(or)  
13.b. Describe a Technical offensive skill for Handball Players
- 14.a. Describe a new rule changes in Ball badminton  
(or)  
14.b. Discuss the rules of the game kabaddi
- 15.a. Describe a duties and signals of officials in handball  
(or)  
15.b. Describe the duties and signals of officials in kabaddi

**Part C**

**5 x 12 = 60**

**Answer ALL questions**

**Each answer should not exceed 800 words or four pages**

- 16.a. Explain the history of the game Ball Badminton  
(or)  
16.b. Illustrate the history of the game Handball
- 17.a. Draw a neat diagram of Handball court and players equipment's with specifications  
(or)  
17.b. Draw a neat diagram of Ball Badminton court and players equipment's with specifications.
- 18.a. Explain a tactics and specific conditioning drills for Ball badminton players.  
(or)  
18.b. Explain a defensive technical skills and specific conditioning drills for kabaddi players.
- 19.a. Explain in detail about the conduct of matches in handball.  
(or)  
19.b. Explain in detail about conduct of matches in ball badminton.
- 20.a. Illustrate the officiating mechanism of Ball badminton.  
(or)  
20.b. Enumerate the officiating mechanism of handball.

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