



Murugan.

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with A++ Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I – February 2023
Semester II

Class : I UG

Major : Physical Education

Time : 2 Hrs.

Max Marks: 60

22BPEC05– Theory of Games and Sports II (Kabaddi, Ball Badminton & Handball) Course Outcomes:

1. To understand and apply various skills.
2. To promote knowledge and awareness of rules and regulation.
3. To have expertise knowledge in technical, tactical and officiating skills.

Part –A

Answer all the questions

1x6=6

1. What year were the rules of handball published?
1962 1906 1914 1901
CO2K1
2. An official handball team consists of _____ players.
6 7 8 9
CO2K3
3. In Ball Badminton, height of centre pole is _____
1.83m 1.84m 1.85m 1.86m
CO2K5
4. Ball Badminton Federation of India was formed in the year _____
1952 1953 1954 1955
CO2K1
5. Weight of ball in Ball Badminton
20-30 gms 25-30 gms 27-30 gms 31-35 gms
CO2K3
6. Length and width of Handball court is
30X60 m 20X40 m C. 20X30m d. 40X20m
CO2K5

Part B

Each answer should not exceed 400 words or two pages

3x6=18

- 7 (a). Explain the scoring system in ball badminton.
(or)
CO3K2
- (b). Write about the specification of ball in handball.
CO3K2
- 8 (a). List down and explain service fouls in ball badminton.
(or)
CO2K4
- (b). Draw neat diagram of Goal post in Handball?
CO2K4
- 9 (a). Explain the history of Handball.
(or)
CO2K3
- (b). Write the role of goal keeper in Handball.
CO2K3

Part C

Each answer should not exceed 800 words or two pages

3x12=36

- a). Draw neat diagram of Ball Badminton court with its specifications.
(or)
CO3K1
- (b). Explain the skills in ball badminton.
CO3K3
- 11.(a). Draw neat diagram of Handball court with its specifications.
(or)
CO2K4
- (b). Explain the skills in Handball game.
CO2K4
- 12.(a). Explain the rules and regulations in Handball game.
(or)
CO2K3
- (b). Explain the rules and regulations in Ball Badminton game.
CO2K3