



Jambilla

Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD
Re-accredited with 'A++' Grade by NAAC.CGPA 3.65/4, Category I by UGC
Coimbatore-641 043, Tamil Nadu, India

Continuous Internal Assessment – I February 2025
IV Sem

Class: II BPEd
Major: Physical Education

Time: 2 Hours
Max Marks: 60

23BPDC27 – Theory of Sports and Games

Course Outcomes:

- CO 1:** Know the fundamental of all the games and sports understand the rules of all the games and sports preparing the students for the competition
CO 2: Classify the students accordingly for various games and sports
CO 3: Design and practice the new methods and technique and training

Part A

Answer all the Questions

6 x 1 = 6

1. In badminton each game is played up to how many points?
(a) 11 (b) 1 (c) 21 (d) 31 CO1K1
2. What is the half diagonal distance of Ball Badminton Ground marking?
(a) 16.97 mtrs (b) 16.87 mtr (c) 16.79 mtrs (d) 16.97 ft CO1K1
3. Who is the person that throws the ball to the home base?
a) Batter b) Shortstop c) Pitcher d) Centre Field CO2 K3
4. In basketball, physical contact between players is
a) Always Prohibited
b) Allowed within the rules of the game
c) Allowed only during free throws
d) Up to the referee's discretion on a case -by-case basis CO3K2
5. What is it called when a player scores a point
a) Goal b) Touchdown c) Home-run d) A Basket CO1K1
6. What is the name of the three wooden stumps topped by two bails on which the ball is aimed?
a) Wicket b) Pitch c) Boundary d) Crease CO2K3

Part B

Each answer should not exceed 400 words or two pages

3x6=18

- 7 a). List out the Standard equipments used in Track and field CO3K1
(or)
- 7 b). Elaborate the History of Badminton CO3K2
- 8 a). Draw the Cricket Pitch with proper measurements CO2K4
(or)
- 8 b). Write any 3 rules and regulations from Basketball CO3K3
- 9 a). Explain the basic 3 Skills in Badminton CO4K3
(or)
- 9 b) Draw the Equipments used in Softball CO2K3

Part C

Each answer should not exceed 800 words or two pages

3x12=36

- 10 a). Draw a neat diagram of Softball field with its Specification and measurements CO1K4
(Or)
- 10 b). Explain the Tie breaker in High jump with proper examples CO1K1
- 11 a) Explain the scoring system of Ball Badminton with Example CO2K3
(Or)
- 11b). Describe about the Scoring system of Badminton with examples CO3K4
- 12a). Draw Basketball court with specification CO1K4
(Or)
- 12 (b). Elaborate the basic rules of cricket and draw the equipment's CO2K3