



Mavin

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)

Re- accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12 B

Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test II – April 2022 Semester VI

Class: III BSc
Major : Physical Education

Max. Marks: 60
Time : 2 hrs

18BPEC29 – Traditional Games of India

Course Outcomes:

1. Appreciate the Influence of Traditional Games in the Indian Culture
2. To give students an opportunity to explore and play Indian Traditional Games
3. To be able to work as a team and engage in fair play
4. Improves precision ability, and hence enhances concentration.
5. Improves aim and focus.

Part – A

6 x 1 = 6

Choose the Correct Answer

1. Pachisi is a Hindi word which means
(a) Twenty-Five (b) Thirty-Five (c) Fifteen (d) forty-Five CO1K3
2. The word Daya is derived from Tamil word "Thayam" meaning
(a) Long Dice (b) To move in (c) firststone (d) Last stone CO2K2
3. Which of the following state is the home to Bharat Dynasty
(a) Punjab (b) Haryana (c) Gujarath (d) Uttar Pradesh CO1K2
4. Hanukkh, the festival of light is associated with which one of the following religions?
(a) Hindu (b) Jewish (c) Muslim (d) Christian CO1K1
5. In which of the famous temple of Tamil Nadu, Shiva is worshipped as "Natraja"
(a) Madura (b) Tanjore (c) Chidambaram (d) None of the above CO3K2
6. Jalikattu is associated with which Indian festival?
(a) Bihu (b) Pongal (c) Onam (d) Hornbill CO2K2

Part – B

Answer should not exceed 400 words or One Page

3 X 6 = 18

7. Define Ancient and modern period
(Or) CO1K2
7. List any two types of traditional games in Kerala
(Or) CO2K2
8. Explain about the regional sports in India
(Or) CO3K4
8. briefly explain the following games
(i) Gilli Danda (ii) Pallankuli (iii) Lattoo CO3K3
9. Write short note on game in olden days
(Or) CO4K3
9. Describe the national sports games in Andhra Pradesh CO3K3

Part – C

Answer the following

3 X 12 = 36

Answer should not exceed 800 words or one page

- 10 a. Briefly explain the factors influencing games in Indian
(Or) CO1K3
- 10 b. list out the Martial Arts and Explain any three Martial Arts games CO2K3
- 11 a. Explain how participation are affected in cultural games and its rectified?
(or) CO3K3
- 11 b. briefly explain the history of Archery CO4K3
- 12 a. Explain the stages of Silambam
(Or) CO3K4
- 12 b. Explain the history of Adimurai kalari CO3K3