

Continuous Internal Assessment Test II – December 2020

Class: III BSc  
Major: Bachelor of Physical Education

Time: 2 Hrs.  
Max Marks: 30

18BPEC20 – Theory of Games and Sports-V (Basketball and Hockey)

**Course Outcomes**

**CO1:** 1. Outline the Basketball Long-Term Player Development Model, specifically how it relates to young players

**CO2:** Identify the fundamental movement and basic technical skills of basketball and hockey to include multi-directional movement and footwork, perceptual abilities, passing, dribbling, shooting, rebounding, offensive and defensive stance.

**CO3:** Explain basic tactical elements of basketball and hockey to include movement without ball, spacing and principles of the game

**CO4:** Apply the lifestyle, health related and fitness components that are involved the game of basketball and hockey

**CO5:** Display a working knowledge, roles and basic responsibilities of the coaching Practice.

**Part – A**

**Write the Correct Answer**

**6X 1 = 6**

1. The field of hockey, developed in the British Isles in the ----- century. CO4 K2  
a)16<sup>th</sup> century                      b) 19<sup>th</sup> century                      c)15<sup>th</sup> century                      d) 20<sup>th</sup> century
2. In which year the London hockey Association was formed in----- CO4 K2  
a)1922                      b)1924                      c) 1856                      d) 1850
3. which among these is the highest governing body of hockey CO3 K3  
a) International Hockey Federation                      b) World Hockey Federation  
c) Federation of International hockey                      d) International hockey Association
4. Total no of players playing on the pitch in a hockey match is CO1 K2  
a) 22                      b) 16                      c) 20                      d) 18
5. The Dimensions of a Hockey Field are? CO4 K2  
a)91.4m\*55m                      b) 92m\*55m                      c) 92.5m\*56m                      d) 91.4m\*56m
6. Who is regarded as the best player in history of the sport? CO2 K1  
A) Dhyan Chand                      b) Roop Sing                      c) Dhanrapillay                      d) Niraj Singh

**Part – B**

**Answer ANY TWO of the following in 400 words**

**2 X 6=12**

- |     |   |        |
|-----|---|--------|
| 7.  | Define: Skill & Tactics                                 | CO2 K3 |
| 8.  | Write the specification of Hockey Ball and Hockey Stick | CO4 K2 |
| 9.  | Explain about Player's Equipments in Hockey             | CO1 K2 |
| 10. | Write the basic fundamental skills of Hockey            | CO3 K1 |

**Part – C**

**Answer any one question it should not exceed 800 words**

**1 X 12=12**

- |    |   |        |
|----|---|--------|
| 11 | Draw a neat diagram of Hockey field with all specifications | CO2 K1 |
| 12 | Explain about Origin and development of Hockey              | CO4 K2 |