



Sambath

Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MoE)
Re-accredited with A++ Grade by NAAC. CGPA 3.65/4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test II – March 2026
VI Semester

Class :III B.Sc
Major : Physical Education

Time: 2 hours
Maximum Marks: 60

23BREDE8 – Talent Identification

Course Outcomes:

At the end of the course, students will:

1. Promoting professionals with competency and commitment
2. Expertise in principles of fitness training
3. Obtain knowledge for profitability with the right mind of products and services
4. Implement systems to ensure the upkeep and safety of the facility and the equipment
5. Developing different vigorous physical activity for health and fitness

Part - A

Choose the Correct Answer

6 x 1 = 6

1. The Myers Briggs test assess _____
a. Personality b. Stress c. Anxiety d. Motivation CO1 K3
2. No. of National Sports Talent contest centers are _____.
a. 60 b. 50 c. 64 d. 54 CO2 K3
3. Fit India Movement was launched by _____.
a. Abdul Kalam b. Indira Gandhi c. Kiran Rijuju d. Narendra Modi CO3 K2
4. Tyson test related to _____ game.
a. Badminton b. Handball c. Tennis d. Footnall CO1 K3
5. Healthy weight range in BMI table _____.
a. 16-17 b. 17-8.5 c. 25-29.9 d. 18.5-24.9 CO2 K1
6. The Target Olympic Podium launched in the year _____.
a. 2014 b. 2015 c. 2016 d. 2017 CO3 K2

Part - B

Answer ALL Questions

3 x 6 = 18

Each answer should not exceed 400 words or two pages

7. a. Define talent identification, fitness and body types. CO3 K2
(or)
7. b. Discuss about anthropometry. CO2 K3
8. a. Briefly explain Tyson handball test. CO1 K3
(or)
8. b. Explain scope and principles of talent identification. CO5 K4
9. a. Write a short note on davis smash test. CO4 K3
(or)
9. b. Write a short note on cooper 12 minutes test. CO3 K3

Part - C

Answer ALL questions

3 x 12 = 36

Each answer should not exceed 800 words or four pages

10. a. Explain the role of physical education teacher in talent identification. CO2 K3
(or)
10. b. Explain about Battery test for school boys and girls. CO3 K3
11. a. Illustrate motor development during various stages. CO4 K4
(or)
11. b. Discuss about any 2 psychological test. CO4 K3
12. a. Explain in detail about Khelo India. CO1 K4
(or)
12. b. Enumerate National Sports Contest Scheme. CO2 K3