



Mulleruk.

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment I August – 2024
Semester I

Class: I UG
Major: Physical Education

Max Marks: 60
Time : 2hours

23BPEC01 History and foundation of Physical Education

Course Outcomes:

1. Summarize the foundation of PE including the Historical and Philosophical aspects of the profession.
2. Describe perspective of physical education issues and legislation in the society.
3. Resourceful person in various sports activities and explore various carrier possibilities in the profession.
4. Develop an inquiring mind which tries to see the environment examine the own ability and stimulate curiosity.
5. Create psychological and sociological aspects of the profession.

Part A

6 x 1 = 6

Choose the Correct Answer

1. Who is the Father of physical Education
a) Harry Crowe Buck
b) Auguste comte
c) Friedrich Ludwigh Jahn
d) Socrates of Athens
CO1K1
2. Which organization was form in The year 1954 to oversee physical education and sports in India
a) All India Council of Sports
b) Indian Olympic Association
c) Sports Authority of India
d) National Institute of Sports
CO1K2
3. Who is considered the father of the modern Olympic Games
a) Michael Phelps
b) Jesse Owens
c) Pierre de Coubertin
d) Usain Bolt
CO4K1
4. In which year were the first modern Olympic Games held
a) 1892
b) 1896
c) 1912
d) 1900
CO3K3
5. The word philosophy derived from-Greek word Philein Sophia which means
a) love and Play
b) Love and Knowledge
c) Love and Reasoning
d) Love of wisdom
CO1K2
6. What is the primary educational value of the Olympic movement
a) Promoting competition
b) Encouraging fair play
c) Fostering international understanding
d) Developing physical skills
CO2K4

Part B

3 x 6 = 18

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 7 (a). Write a short note on meaning and definition of physical education.
(or)
(b). Explain Misconceptions about physical education.
CO2K1
CO3K4
- 8 (a). Define Y.M.C.A and its contribution of physical education development
(or)
(b). Explain relationship of physical education with general education.
CO1K2
CO2K3
- 9 (a). Write a short note on philosophical foundation of physical education.
(or)
(b). Write a short note on current Paris Olympic status.
CO1K3
CO2K4

Part C

3 x 12 = 36

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 10 (a). Explain about Aims and objectives of physical education. CO2K1
(or)
(b). Write a note on need and important of physical education. CO1K3
- 11 (a). List out any three historical development of physical education in India. CO1K4
(or)
(b). Describe about history and development of the modern Olympic. CO2K2
- 12 (a). Write a note on six major philosophies of physical education. CO3K15
(or)
(b). Briefly explain educational and cultural values of Olympic movement. CO2K3

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