

AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION
FOR WOMEN, COIMBATORE

Bachelor's Degree Examination – August 2018

III SEMESTER

Class: II BSc

Time: 2 hours

Major: Physical Education

Max.marks: 60

15BPEC08 –Sports Psychology and Sociology

Part – A

Choose the correct answer

5X1=5

1. Who is regarded as the 'father' of psychology?
a) Sigmund Freud (b) Ivan Pavlov (c) John B. Watson (d) Wundt
2. Which one of the following is not one of the three major kinds of learning process
a) Operant conditioning (b) routine learning (c) observational learning (d) classical conditioning
3. Who first discovered by accident and described the process of classical conditioning
a) John Watson (b) B.F.Skinner (c) Ivan Pavlov (d) E.L.Thorndike
4. Psychology based on
a) Rating scale (b) Interviews & Observations (c) Human Behaviors (d) All the above.
5. Sports Psychology labs were established in
a) 1925 (B) 1900 (C) 1856 (D) 1956

PART B

5X2=10

Answer the following in two or four lines

6. Define Sports Psychology.
7. Meaning of Motivation.
8. Define Learning
9. List down the type of learning.
10. Meaning of Cognitive Theories

Part – C

Answer the following

Answer in two pages or do not exceed 200 words **5x3=15**

- 11 a. Write the meaning and nature of Sports Psychology (or)
b. Write the Need and Importance of Sports Psychology
- 12 a. Write about the Laws of Learning (Or)
b. Nature of Motivation – Briefly Explain
- 13 a. Classification of Learning Theory (or)
b. Dimension of Motivation – Give brief note
- 14 a. Write about the Feedback (Or)
b. What is Personality?
- 15 a. Write down the Types of Learning (Or)
b. Brief – Branches of Sports Psychology

Part – D

Answer the following

Answer in Four pages or do not exceed 700 words **15x2 = 30**

- 16 a. Explain in detail about the psychology and sports psychology, History of sports psychology.
(or)
b. Present your views on “ Psycho-sociological aspects of Human Behaviour in relation to Physical Education and Sports
- 17 a. Explain the Theories of Learning and its types (or)
b. Write about Motivation aspects of sports persons in relation to Physical Educationalist.