

Continuous Internal Assessment Test II – March 2019

Semester –II

Class : I UG
Major : Physical Education

Time : 2 Hrs.
Max Marks: 60

18BPEC05 – Theory of Games and Sports

Course Outcomes:

1. Teaching knowledge and understanding of a range of court and striking sports (including the rules and tactics used in each sport) Teaching knowledge and
2. Understanding of a range of court and striking sports (including the rules and tactics used in each sport)
3. The ability to analyse and apply Practical based coaching and teaching practices and strategies
4. Teaching facility with current technologies to enhance learning.
5. The ability to demonstrate effective teaching strategies

PART – A

Circle the Correct Answer

5 x 1 = 5

1. which year kabaddi was included in the Asian Games? CO1K2
a. 1984 b.1986 c.1990 d.1988
2. In Which year Women Handball introduced in Olympics? CO2K2
a. 1956 b.1936 c.1976 d.1972
3. The length and width of the kabbadi court for Men CO3K2
a. 11x8mts b. 13 x 10mts c. 12.5x8mts d.13.5x 10mts
4. The height of the centre pole in Ball Badminton CO1 K1
a. 185 cm b. 183 cm c. 1.75 m d. 1.50 m
5. Width of the Handball post is CO2 K3
a. 80 cm b. 80mm c. 9cm d.7 cm

PART – B

Answer the Following in One or Two Sentences

5 X 2 = 10

6. What is the official timing for International Kabaddi Match? CO1K2
7. Expand BBFI, AKFI CO2K3

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|---|-------|
| 8. List out types of offensive skill in Kabaddi? | CO4K3 |
| 9. List out the types of serving in Ball Badminton? | CO1K5 |
| 10. Define baulk line and bonus line in kabbadi | CO3K5 |

PART – C

Answer the Following

Answer should not Exceed 200 Words or One Page 3 X 5 = 15

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|---|----|-------|
| 11. a. Write about Golden Ride Situation? | Or | CO1K1 |
| 11. b. Describe any five terminology in Kabaddi | | CO1K3 |
| 12. a. Explain any three skills in Ball Badminton | Or | CO3K3 |
| 12. b. Write about Ball Badminton Scoring and tie breaking procedures | | CO4K3 |
| 13. a. Explain the types of passing in Handball | Or | CO3K5 |
| 13. b. Enumerate the tie breaking procedure in Handball | | CO2K5 |

PART – D

Answer the Following

Answer should not Exceed 700 Words or Four Pages 2X 15 = 30

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|---|----|-------|
| 14.a. Draw a neat diagram of Handball court and post? | Or | CO3K1 |
| 14.b. Explain the types of Shooting in Handball? | | CO2K3 |
| 15.a. Brief the faults in Ball Badminton? | Or | CO2K5 |
| 15.b. Write about defensive skills in kabaddi | | CO1K1 |