



Murugesu

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – May 2024
IV Semester

Class : II UG
Major : Physical Education

Time: 3 Hours
Max. Marks: 100

21BPEC15 Theory of Games and Sports - IV
(Track & Field, Badminton and Table Tennis)

Course Outcomes:

1. Equip the students with the fundamental skills and knowledge to design his/her own training program
2. Aims to provide students with the basic sports science knowledge and skills of running, jumping and throwing
3. Appreciate track and field events by applying sports science knowledge to explain the execution of the events
4. Obtaining knowledge of the basic techniques, rules and regulations of the various events.
5. Verbalise the rules and regulations of each event

Part A
Choose the Correct Answer

10 x 1 = 10

1. Weight of the table tennis ball is.....
a) 2.7grams b) 3.7 grams c) 4.7 grams d) 2.8 grams CO1 K1
2. The Length of relay baton is.....
a) 30 cm b) 35 cm c) 31 cm d) 34 cm CO1 K1
3. Radius of hammer throw sector is...
a) 1.067 mts b) 2.135 mts c) 1.25 mts d) 1.67 mts CO4 K2
4. The Length of runway of Javelin throw sector is
a) 36.5m b) 39.3m c) 32.3m d) 39.4m CO4 K2
5. Length of the Cross bar in pole-vault
a) 9.0 mts b) 8 mts c) 6.00 mts d) 4.50 mts CO2 K3
6. What is the length of badminton racquet?
a) 630 mm b) 780mm c) 700mm d) 680mm CO2 K3
7. How many feathers in shuttle?
a) 18 b) 14 c) 16 d) 17 CO3 K4
8. How many phases of triple jump?
a) 3 b) 4 c) 5 d) 2 CO3 K4
9. How many types of grip in javelin throw?
a) 4 b) 1 c) 2 d) 3 CO5 K5
10. What is the length of table tennis racket?
a) about 15cm b) about 14cm c) about 25.4 cm d) about 13 cm CO5 K5

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a) Explain the history of badminton. CO1 K1
(or)
- 11.b) Explain the techniques of Triple jump. CO1 K1
- 12.a) Write down the different types of grip in badminton. CO2 K2
(or)
- 12.b) Show the point system in table tennis. CO2 K2

13. a) Correlate between techniques and tactics. CO3 K4
(or)
13.b) Write down the tie break rules in triple jump. CO3 K4
14. a) What is the rules in button exchange zones in 4 x 100 meters relay ? CO4 K5
(or)
14.b) Explain the techniques of pole vault. CO4 K5
15. a).Formulate all the official signals of table tennis. CO5 K6
(or)
15.b) Explain the tie break rules in hammer throw. CO5 K6

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a) Express a neat diagram of CO1 K2
i) Triple jump pit specifications ii) pole vault pit specifications
(or)
- 16.b) Describe any two skills Badminton. CO1 K2
- 17.a) Establish the rules of Javelin and Hammer throw. CO2 K3
(or)
17.b) Examine the laws of table tennis. CO2 K3
- 18.a) Contrast the officiating procedure in Javelin and pole vault. CO3 K4
(or)
18.b) Describe the system of the officiating procedure in Badminton. CO3 K4
- 19.a) Draw a neat diagram of javelin run way. CO4 K5
(or)
19.b) Evaluate the skill and drills in Table tennis (any five). CO4 K5
20. a) Report the rules of Javelin and Hammer throw. CO5 K6
(or)
20.b) Describe the tie breaking system in pole vaylt with suitable example. CO5 K6
