



Maximum

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)

Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12 B

Coimbatore-641 043, Tamil Nadu, India

Continuous Internal Assessment I - February 2023

VI Semester

Class : III UG

Time : 2 Hrs

Major : Physical Education

Max. Marks: 60

18BPEC30 Theory of Games and Sports-VI (Volleyball and Softball)

Course Outcome:

1. Students are able to apply personal skills (including serving, overhand passing, underhand passing, spiking and blocking) in modified games.
2. Provide opportunities for students to make self and peer assessment to enhance collaborative learning.
3. Understanding of the teaching/coaching techniques
4. Expertise in teaching basic skill and advanced skill in softball
5. Creates Opportunity to officiate in different tournaments

Part A

6 x 1 = 6

Choose the Correct Answer

1. How many innings are there in a softball game? CO1K1
a). 9 innings b). 7 innings c). 5 innings d) 10 innings
2. what was the original name of volleyball? CO2K1
a). Lacrosse b) volleyball c) Mintonette d) net volley
3. What position on the field stands between second and third base? CO1K2
a) Pitcher b) Shortstop c) Outfielder d) Catcher
4. who created the game of volleyball? CO1K2
a) John A. Belstrad b) William G. Morgan c) Elijah C. Campwood d) John Mickel
5. How many people are each team in court? CO2K2
a) 5 b) 10 c) 6 d) 7
6. what is the number of time a team can hit a ball without passing it over the net? CO3K2
a) 1 b) 4 c) 4 d) 3

Part B

3 x 6 = 18

Answer ALL questions

Each answer should not exceed 400 words or two pages

7. a) Brief about the innings in softball CO1K1
(or)
7. b) Write the brief history of Softball CO2K2
8. a) Define the technical terms in volleyball game CO2K1
(or)
8. b) Describe the brief history of volleyball CO1K2
9. a) Write the difference between Softball and Baseball playing method CO2K1
(or)
9. b) write are the three main position in volleyball CO2K2
(or)
9. b) What are 3 offensive strategies in volleyball? CO2K3

Part C

3 x 12 = 36

Answer ALL questions

Each answer should not exceed 800 words or four pages

10. a) Draw a neat diagram of a Softball Pitch with all its measurements CO1K1
(or)
10. b) Explain any 4 skills in Softball CO1K2
11. a) Mark the Fielding Positions in the softball diamond CO2K2
(or)
11. b) Describe the History and development of volleyball in India CO2K1
(or)
11. b) Explain about the importance of passing in volleyball CO2K2
12. a) Draw a neat diagram of a volleyball with all its measurements CO1K3
(or)
12. b) Give a Explanation Of The 5-1 and 2-4 Volleyball Rotation with diagram CO2K3