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Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956) Re-accredited
with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelors Degree (Special) Examination – November 2024
V Semester

Class : III UG
Major : Physical Education

Time : 3 Hours
Max. Marks: 100

23BPEC19 Adapted Physical Education

Course Outcome:

- CO1. Relate a variety of factors to growth and motor development of individuals.
- CO2. Demonstrate motor patterns, fundamental motor skills, sport specific skills and physical activity patterns of children and adolescents with special needs.
- CO3. Recognize the perceptual-motor behavior and developmental levels of the individual
- CO4. Obtain knowledge about ability levels of persons with disabilities and gifted and talented individuals.
- CO5. Providing appropriate curricula/programming for participants in adapted physical education settings.

Part A

10x1=10

Choose the Correct Answer

1. The Adapted Physical Education Teachers core job is to..... the children CO1K2
 - a. Train
 - b. Educate
 - c. Felicitate
 - d. Making them excellent
2. Which of the following is an example of a Specific Learning Disability? CO2K2
 - a. Mental Retardation
 - b. Dyslexia
 - c. ADHD
 - d. Autistic spectrum disorders
3. In learning disabilities, the name for mathematical disorder is CO3K1
 - a. Dyspraxia
 - b. Dyslexia
 - c. Dyscalculia
 - d. Dysphasia
4. Who should physical education teacher contact when creating PE lessons for individual students? CO2K3
 - a. Special Education Teacher
 - b. Parent
 - c. Physical Therapist
 - d. All the above
5. In general, heredity plays the largest role in influencing which area of personal growth and development? CO2K2
 - a. body type and composition
 - b. susceptibility to stress-related illnesses
 - c. degree of strength and flexibility that can be achieved with fitness training
 - d. quality of relationships with friends, teachers, and classmates
6. What does SEN stand for? CO4K2
 - a. Special educational needs
 - b. Social Education needs
 - c. Special and exceptional needs
 - d. Spatial emotional negotiation
7. A disability may be present in which of the following? CO2K3
 - a. Speech, hearing or eyesight
 - b. Mobility, perception or memory
 - c. All of these
 - d. Continence, dexterity or physical coordination
8. Applied behavioural analysis (ABA) is often used to help children with which of the following conditions? CO3K2
 - a. Dyspraxia
 - b. Attentional deficit disorder
 - c. Autism
 - d. Dyslexia

9. Which of the following is NOT a physical cause often associated with Phonological disorder? CO1K2
- a. A hearing impairment b. Cleft palate
- c. Small frontal lobes d. Cerebral palsy
10. Which of the following may occur in Expressive Language Disorder? CO4K5
- a. Limited amount of speech b. Difficulty learning new words
- c. Difficulty finding the right word d. All of the above

Part B
Answer ALL questions **5x6=30**
Each answer should not exceed 400 words or two pages

- 11.a. Define Adapted PE and Write its meaning. CO1 K2
 (or)
- 11.b. Write the Aims and Objectives of Adapted PE. CO1 K2
- 12.a. Write the History of Adapted Physical education. CO2 K4
 (or)
- 12.b. Write about communication with parents. CO2 K4
- 13.a. What is Multiple Disability? CO3 K1
 (or)
- 13.b. Write short notes on AAHPER principle. CO3 K1
- 14.a. What is Unified Sports? CO3 K3
 (or)
- 14.b. Define Mentally Retarded. CO3 K3
- 15.a. Explain about Special Children Parental Involvement in Physical Education. CO2 K5
 (or)
- 15.b. Write about Hearing Impairment. CO2 K5

Part C
Answer ALL questions **5x12=60**
Each answer should not exceed 800 words or four pages

16. a. Write about the need and importance of Adapted Physical Education. CO1 K4
 (or)
- 16.b. List the Physical Disability and explain it. CO1 K4
- 17.a. Write about the guiding principles of adapted physical education. CO2 K2
 (or)
- 17.b. Write about Autism and its characteristics. CO2 K2
- 18.a. Explain the role of Physical education in Adapted Physical education. CO3 K2
 (or)
- 18.b. Enumerate the Teaching methods for any three disability. CO3 K2
- 19.a. Explain Adapted Volleyball game for Visually Impaired. CO2 K4
 (or)
- 19.b. Enumerate the facilities for Special Children. CO2 K4
- 20.a. Explain any two game for Physically Challenged. CO1 K2
 (or)
- 20.b. Write about the Government welfare programme for Special Children and Physically challenged. CO1 K2