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Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956) Re-
accredited

with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment II – October 2024
V Semester

Class : III UG

Major : Physical Education

Time : 2 Hours

Max. Marks: 60

21BPEC19 Adapted Physical Education

Course Outcome:

1. Relate a variety of factors to growth and motor development of individuals.
2. Demonstrate motor patterns, fundamental motor skills, sport specific skills and physical activity patterns of children and adolescents with special needs.
3. Recognize the perceptual-motor behavior and developmental levels of the individual
4. Obtain knowledge about ability levels of persons with disabilities and gifted and talented individuals.
5. Providing appropriate curricula/programming for participants in adapted physical education settings.

Part A

6 x 1 = 6

Choose the Correct Answer

1. _____ refers to a condition in which a person has certain limitations in intellectual functions like communicating, taking care of him- or herself, and has impaired social skills.
a. Hearing impairment
b. Cerebral palsy
c. Visual impairment
d. Intellectual disability
CO1 K2
2. Special Olympics related to
a. Intellectual disability
b. Hearing impairment
c. All disability
d. Visual impairment
CO2 K2
3. _____ is an inclusive sports program that unites Special Olympics athletes (individuals with intellectual disabilities) and partners (individuals without intellectual disabilities) as team mates for training and competition.
a. Adapted sports
b. Unified sports
c. Disabled sports
d. Common sports
CO3 K1
4. Sports event for hearing impairment
a. Paralympics
b. Special Olympics
c. Deaflympics
d. Olympics
CO4 K5
5. Physiotherapy is related to
a. Hearing impairment
b. Orthopedic disability
c. Learning disability
d. Intellectual disability
CO2 K3
6. Early intervention is more important to identify
a. Hearing impairment
b. Orthopedic disability
c. Visual impairment
d. All disabilities
CO1 K5

PART B

3 X 6 = 18

Answer should not exceed 400 words or two pages

- 7.a. Briefly explain about hearing impairment.
(or)
b. What are facilities needed for visual impairment to participate in sports?
CO1 K2
CO2 K3
- 8.a. Write the importance of aquatic sports activity for Person with Disabilities.
(or)
b. List out the aquatic programmes available for Persons with Disabilities.
CO2 K1
CO2 K3
- 9.a. Short note on functional rehabilitation.
(or)
b. Short note on psychological rehabilitation.
CO4 K5
CO2 K3

PART C

3X12 = 36

Answer should not exceed 800 words or four pages

- 10.a. Discuss about the need and importance of Unified Sports.
(or)
b. Explain about outdoor programmes for disabled.
CO2 K3
CO4 K3
- 11.a. Explain the nature of aquatic activity programme based on types of various disability.
(or)
b. Discuss the importance of adapted programme in rehabilitation.
CO3K1
CO2 K3
- 12.a. Explain the need and importance of aquatic activity for rehabilitation.
(or)
b. In any one of your game of choice explain the adaptation methods of game for any 2 disability
CO1 K5
CO2 K3

Name of the teacher : Dr.Mary Glory Ponrani