

Class : II BSc  
Major : Physical Education

Max Marks: 30

***18BPEC13-Movement Education &Primary Education***

***Course Outcomes***

***CO1: Apply basic anatomical relationships to the felt sense of the body, including the expressiveness inherent in movement.***

***CO2: Develop skills in presenting, both in writing and in speaking, topics from the discipline of Movement Studies.***

***CO3: Gain proficiency in skills specific to the efficient movement***

***CO4: demonstrate understanding that physical activity can affect body composition and help maintain a healthy body.***

***CO5: Provides children with opportunities to improve fitness and be active for societal trends***

**Part – A**

Answer **all** the questions

6X 1 = 6

1. Which is also a vital part of a balanced school curriculum C03K1  
a)Health education b) Physical education c) Movement education d)Movement
2. Children who are four to eleven years of age comes under C02K2  
a) Primary school      b) elementary school  
c) Junior school      d)All the above
3. Which is a group of sporting events that involves competitive running, jumping, throwing, and walking. C03K3  
a) Athletics b)Dance c)Aerobics d)Zumba
4. Primary physical education aims C02K1  
a)organize the physical education class    b)fight sedentary lifestyle  
c)increase daily activity                      d)all the above
5. The movement of the body in a rhythmic way, usually to music and within a given space C03K2  
a)Athletics b)Games c) Dance d)all the above

6. In which method, teacher typically stands at the front of a room and presents information. C03K3  
a) Direct b) Indirect c) Limitation d) Both a and b

**Part – B**

Answer **any two questions** ( should not exceed 400 words) 2 X 6 = 12

7. Enumerate the equipment used for children in primary physical education? C03K2  
8. Briefly state the aquatics activities to children? C05K3  
9. State the guidelines for good practices brief it? C04K2  
10. Write a brief note on guided discovery approach? C05K4

**Part – C**

Answer **any one** ( should not exceed 800 words) 1 X12=12

11. Illustrate how to organize Primary Physical Education class? C03K6  
12. Explain outdoor adventure activities? C05K5