

K. Sambath



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Avinashilingam Institute for Home Science and Higher Education for Women

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD

Re-accredited with 'A++' Grade by NAAC.CGPA 3.65/4, Category I by UGC

Coimbatore-641 043, Tamil Nadu, India

Continuous Internal Assessment – I February 2025

Class: II BPEd

Time: 2 Hours

Major: Physical Education

Max Marks: 60

23BPDVB1 Equipment Maintenance and Management

Course Outcomes:

CO 1: Know the fundamental of all the games and sports understand the rules of all the games and sports preparing the students for the competition

CO 2: Classify the students accordingly for various games and sports

CO 3: Design and practice the new methods and technique and training

Part A

Answer all the Questions

6 x 1 = 6

1. What is the primary purpose of maintaining sports equipment?? CO1K1
(a) To reduce costs of buying new equipment (b) To ensure safety and optimal performance
(c) To avoid cleaning responsibilities (d) To extend the warranty period
2. Which of the following is an example of personal protective equipment?? CO1K1
(a) Cricket bat (b) Goalpost (c) Shin guards (d) Javelin
3. Which of the following is NOT an example of rhythmic activities equipment? CO2 K3
a) Ribbons b) Hoops c) Resistance bands d) Clubs
4. What type of traditional sports equipment is used in Mallakhamb? CO3K2
a) Nets and ropes b) Wooden poles or ropes
c) Mats and gloves d) Rods and bars
5. What is the primary material used in modern sports equipment like racquets and helmets? CO1K1
a) Wood b) Carbon fiber and synthetic polymers
c) Vulcanized rubber d) Stone and metal
6. What is the key benefit of goalposts and nets in sports? CO2K3
a) To support team coordination b) To ensure standardization and fair play
c) To increase the weight of the equipment d) To reduce the number of players required

Part B

Each answer should not exceed 400 words or two pages

3x6=18

- 7 a). Explain the need for regular maintenance of sports equipment. CO3K1
(or)
- 7 b). List the categories of sports equipment and provide one example for each. CO3K2
- 8 a). What are the benefits of using protective equipment in sports? CO2K4
(or)
- 8 b). Describe the scope of maintenance for sports and games equipment. CO3K3
- 9 a) What are rhythmic activities equipment? Provide examples. CO4K3
(or)
- 9 b) Briefly discuss the importance of traditional sports equipment in preserving cultural heritage. CO2K3

Part C

3x12=36

Each answer should not exceed 800 words or two pages

- 10 a). Discuss the history and development of sports equipment, highlighting the changes from ancient times to the modern era. CO1K4
(Or)
- 10 b) Explain in detail the types of sports and games equipment, including athletics equipment, balls, bats, rackets, and personal equipment. CO1K1
- 11 a) Describe the role of a repair technician in maintaining sports equipment. Include the essential skills and competencies required. CO2K3
(Or)
- 11 b). Elaborate on the benefits of sports equipment and how advancements in technology have enhanced their functionality. CO3K4
- 12 a). Analyze the importance of adaptive and high-tech equipment in promoting inclusivity and performance in sports. CO1K4
(Or)
- 12 b). Explain the categories of traditional sports equipment and their significance in modern sports practices. CO2K3

Name of the Staff: Mrs. A.Kiruthika

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