



Mamunje

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD.
Re- accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12 B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – May 2022 VI Semester

Class : III UG
Major : Physical Education

Time: 3 hours
Max. Marks: 100

18BPEC29 Traditional Games of India

PART A Choose the Correct Answer

10 x 1 = 10

1. Indian wrestling is also called as
a. Kushti
b. Pehlwani
c. Both A&B
d. Karete
CO1 K1
2. Archery is the skill of using a bow and.
a. Arrow
b. Nails
c. Racket
d. Bat
CO1 K2
3. The Kho-Kho game originated from
a. Gujarat
b. Assam
c. Maharashtra
d. Bihar
CO2 K2
4. The game of Snakes & Ladders was created by the 13th-century poet saint
a. Gyandev
b. Adalbert of Prague
c. Abhinavagupta
d. Madhavacharya
CO1 K2
5. It is an ancient traditional sports combines with gymnastics posture and wrestling grips in
a. Mallakhamb
b. Kabaddi
c. Yoga
d. Silambam
CO2 K3
6. Pallankuzhi, a two-player game is one of the popular traditional games of India that was predominantly played in the
a. Southern India
b. Northern India
c. Eastern India
d. Western India
CO3 K3
7. A part of the Pongal celebration in Tamil Nadu includes this sport
a. Cricket
b. Jalli kattu
c. Volleyball
d. Shooting
CO2 K2
8. Size of men kabaddi court
a. 13x10m
b. 11x8m
c. 12x8m
d. 10x8m
CO1 K1
9. The game which has its place in Tamil sangam literature is
a. Kalari
b. Karrate
c. Silambam
d. Kabaddi
CO2 K2
10. Vallamkali is one of the most famous traditional water sports in
a. Tamilnadu
b. Andhra Pradesh
c. Kerala
d. Karnataka
CO3 K2

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Briefly explain the about martial arts. CO2 K2
(or)
- 11.b. Explain the aims and objectives of board games. CO1 K1
- 12.a. Explain the sources of Silambam in Tamil literature. CO3 K3
(or)
- 12.b. What are the benefits of Indian traditional games? CO2 K2
- 13.a. Explain in detail about regional sports in Tamilnadu. CO2 K3
(or)
- 13.b. Write about regional sports in Kerala. CO3 K3
- 14.a. Write short notes on kalari and silambam in ancient India. CO4 K1
(or)
- 14.b. Explain about mallakhamb and its combination. CO3 K3
- 15.a. List out the traditional games for special children. CO4 K4
(or)
- 15.b. Write about online traditional games in India. CO4 K4

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Elaborate the various types of traditional games in India. CO2 K3
(or)
- 16.b. Explain the need , importance and scope of traditional games. CO3 K2
- 17.a. Explain the historical backgrounds and structure of traditional games in India. CO1 K1
(or)
- 17.b. Write in details of industrialization of Indian traditional games. CO3 K3
- 18.a. Explain the traditional games of Kerala. CO3 K2
(or)
- 18.b. Explain the traditional games of Maharashtra. CO2 K2
- 19.a. Explain the impact of traditional games in daily life. CO3 K3
(or)
- 19.b. Explain the history of modern traditional games in India. CO1 K2
- 20.a. Explain the Indian traditional games for kids. CO2 K2
(or)
- 20.b. Explain any six traditional games and its benefits. CO3 K3
