



Jamballu

Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MoE)
Re-accredited with A++ Grade by NAAC. CGPA 3.65/4, category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's / Bachelor of Engineering Degree Examination - November 2025
I Semester

Class / Batch : I UG / 2023 / 2024 / I B.E
Major / Branch: All Majors / All Branches

Time : 2 Hours
Max.Marks : 60

23BVBSPI Introduction to Sports and Games / 25EVBSPI Sports - I

Part A

20 x 1 = 20

Choose the Correct Answer

1. What is Olympic Motto?
 - a. Stronger, Faster, Braver
 - b. Citius Altius, fortius – Communiter
 - c. Victory or Nothing
 - d. Higher, Better, Together
2. What is the ultimate need of sports in human life?
 - a. To stay fit, disciplined and socially connected
 - b. To provide education
 - c. To win only medals
 - d. To wasted free time
3. Why are sports important for students?
 - a. For money
 - b. For entertainment
 - c. For fitness, discipline, team work and stress
 - d. For punishment
4. Which country has won the most gold medals in Olympic history
 - a. China
 - b. USA
 - c. Russia
 - d. Germany
5. Which game is called the National Indoor games of India
 - a. Table Tennis
 - b. Carom
 - c. Kabaddi
 - d. Chess
6. Which traditional Indian game is known as "Chase Game"
 - a. Kabaddi
 - b. Kho-Kho
 - c. Mallakhamb
 - d. Gilli Dands
7. Which of the following is a department under the Ministry of Youth Affairs and Sports?
 - a. Department of Higher Education
 - b. Department of Youth Affairs & Department
 - c. Department of Rural Development
 - d. Department of Cultural Affairs
8. Which equipment is mandatory for safety in boxing
 - a. Helmet, glove, mouth guard
 - b. Shoes only
 - c. Bat and racket
 - d. Net and racket
9. Which sports uses a hard court, clay court or grass court
 - a. Volleyball
 - b. Basketball
 - c. Tennis
 - d. Kabaddi
10. Which sports is usually played both indoor and outdoor
 - a. Basketball
 - b. Cricket
 - c. Hockey
 - d. Swimming
11. What type of surface is used for playing hockey
 - a. Mud
 - b. Astro turf
 - c. Synthetic
 - d. Wooden
12. What is the minimum age an athlete can be to participate in National Inter University Games?
 - a. 18
 - b. 25
 - c. 17
 - d. 26
13. Which date is National Sports Day of India celebrated?
 - a. September 29
 - b. August 29
 - c. October 29
 - d. June 21
14. How much percentage of sports reservation has been allotted by the Tamil Nadu Government?
 - a. 2%
 - b. 5%
 - c. 3%
 - d. 10%
15. Which Form certificate for participating in International Games?
 - a. Form 3
 - b. Form 1
 - c. Form 2
 - d. Form 4

16. Which is the traditional sports of Tamil Nadu?

- a. Kalari b. Silambam c. Mallakhamb d. Judo

17. What are the main sports kit items used by hockey players

- a. Spikes and Sleeves b. Arm pad and Thigh pad c. Chin guard and Studs d. All the above

18. Which sport is specially designed for visually impaired athletes'?

- a. Goal ball b. Basketball c. Cricket d. Badminton

19. Which body is the selecting authority of the Indian Olympic team?

- a. International Olympic Committee b. Indian Olympic Association
c. Sports Authority of India d. Khelo India

20. Which country is known as the birth place of the Olympic Games?

- a. India b. Greece c. USA d. France

Part B

5 x 2 = 10

Answer ALL questions

Each Answer in one or two sentences

21. Define sports.
22. Write a short note on playing surfaces in sports with examples.
23. Describe the Olympic symbols and their significant.
24. What is the importance of minor games?
25. Explain the importance of traditional games in modern life.

Part C

2 x 15 = 30

Answer ALL questions

Each answer should not exceed 800 words or four pages

26. a. Explain the Olympic Sports and Non Olympic Sports.
(or)
26. b. Explain in detail the functions of Sports Development Authority of India.
27. a. Explain the importance of sports for PWD.
(or)
27. b. Explain the role of Physical Education teacher in Sports Development.