



28-11-25

**Avinashilingam Institute for Home Science and Higher Education for Women**

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MoE)

Re-accredited with A++ Grade by NAAC. CGPA 3.65 /4, Category I by UGC.

Coimbatore - 641 043, Tamil Nadu, India

**Bachelor of Physical Education Degree Examination – November 2025  
I Semester**

Class : I B.P.Ed.

Time : 3 Hours

Max. Marks : 100

**23BPDE1A Discipline Specific Elective – I: Olympic Movement****Course Outcomes:**

CO1: Know the historical back ground of Olympic games and cultural practices and its development overtime

CO2: Demonstrate understanding and affirmation of Olympic ideals and logos, ceremonies and different Olympic Games

CO3: Know the different working organisations and federations of the various sports and games and gains knowledge about Special Olympics

CO4: Explore the committees of Indian and abroad for Olympic games and its operations

CO5: Appraise, adapt and use physical activities to ensure that specific social and cultural needs are met

**Part A**

10 x 1 = 10

**Choose the Correct Answer**

1. Who is considered the father of the modern Olympic Games?  
a. Phelps      b. Jesse Owens      c. Pierre de Coubertin      d. Usain Bolt      **CO1 K1**
2. How many medals did India won at the Paris Olympics 2024?  
a. 2      b. 6      c. 9      d. 11      **CO1 K2**
3. In which year did the Olympic flame tradition begin?  
a. 1920      b. 1928      c. 1936      d. 1948      **CO2 K5**
4. In which year did the Olympics first feature the Paralympics Games?  
a. 1960      b. 1956      c. 1968      d. 1972      **CO3 K5**
5. In which year were women allowed to participate in the Olympic Games?  
a. 1908      b. 1912      c. 1900      d. 1924      **CO5 K2**
6. In which year were the Olympics games shown on television for the first time?  
a. 1948      b. 1952      c. 1956      d. 1936      **CO3 K2**
7. Where is the headquarters of the International Olympic Committee, the IOC?  
a. Los Angeles      b. Lausanne      c. London      d. Sydney      **CO4 K1**
8. Which city's Olympic Stadium is known as the 'Bird's Nest'?  
a. London      b. Beijing      c. Athens      d. Sydney      **CO2 K1**
9. Who is the president of International Olympic Committee?  
a. Thomas Bach      b. Jacques Count Rogge      c. John Coates      d. Ivo Feriani      **CO5 K2**
10. Which of the following is NOT an Olympic sport?  
a. Basketball      b. Cricket      c. Gymnastics      d. Swimming      **CO4 K5**

**Part B**  
**Answer ALL questions**  
**Each answer should not exceed 400 words or two pages**

**5 x 6 = 30**

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| 11.a. Give a brief note on ancient Olympics.<br>(or)               | CO1 K4 |
| 11.b. Indicate the values of Olympic movement.                     | CO5 K2 |
| 12.a. Enumerate the significant stages of modern Olympics.<br>(or) | CO3 K3 |
| 12.b. Discuss about olympism in action.                            | CO3 K2 |
| 13.a. Draw Olympic flag and symbols.<br>(or)                       | CO2 K6 |
| 13.b. Enumerate the protocols of opening ceremony.                 | CO2 K1 |
| 14.a. Discuss about olympic village and its amenities.<br>(or)     | CO2 K1 |
| 14.b. Summarize the popular Olympic venues and stadiums.           | CO5 K5 |
| 15.a. Elaborate the NOC's and its Functions.<br>(or)               | CO4 K5 |
| 15.b. List down the results of Paris 2024 Olympics.                | CO1 K3 |

**Part C**  
**Answer ALL questions**  
**Each answer should not exceed 800 words or four pages**

**5 x 12 = 60**

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| 16.a. Distinguish between Modern and Ancient Olympics in detail.<br>(or) | CO1 K2 |
| 16.b. Write about the Paralympic initiatives?                            | CO2 K3 |
| 17.a. Examine the code of ethics in Olympics<br>(or)                     | CO3 K4 |
| 17.b. Write the function of IOC?   | CO3 K3 |
| 18.a. Describe the protocols of Closing and Opening Ceremony.<br>(or)    | CO3 K2 |
| 18.b. Explain the significance of Olympic Ideals                         | CO3 K3 |
| 19.a. Give detail note on Youth Olympics<br>(or)                         | CO4 K1 |
| 19.b. Describe the origin and significance of winter Olympics            | CO4 K  |
| 20.a. Explain the Indian Hockey team achievements in Olympics<br>(or)    | CO1 K3 |
| 20.b. Explain the achievements of India during Post Independence.        | CO2 K3 |

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