



Neeraj

Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor of Physical Education Degree Examination – May 2023
IV Semester

Class: II B.P.Ed.

Time : 3 Hours
Max. Marks : 100

21BPDC26 Officiating and Coaching

Course Outcomes:

- CO1: Understand the concept and mechanism of officiating and coaching
CO2: Describe the duties of coaches and officials
CO3: Identify and implement risk management strategies for the well-being of athletes, spectators and officials
CO4: Apply the concept of coaching and officiating
CO5: Analyze training requirements for different sporting population

Part A

10 x 1 = 10

Choose the Correct Answer

- _____ is referred to a system of managing a sports, specifically on implementing the game rules and keeping order in the duration of the game. CO1 K2
a. Organizing b. Administering c. Officiating d. Coaching
- _____ coaching is an empathetic style that values sportsmanship above all. CO1 K1
a. Democratic b. Autocratic c. Authoritative d. Elite
- The person who is typically more experienced or older, helps a young player grow and develop in some way is specifically referred as, CO2 K1
a. Teacher b. Officiator c. Coach d. Mentor
- _____ psychology aims to increase performance, self-actualization, achievement among sports persons and is grounded in scientific research. CO2 K3
a. Counselling b. Educational c. Coaching d. Developmental
- _____ represents the value systems of the individual that he / she adapts to excel as a holistic individual. CO3 K2
a. Personal integrity b. Inborn talent c. Physical abilities d. Institutional strength
- This specifically represents recreational sports organized within a particular institution, usually an educational institution. CO3 K2
a. Extramural b. Intramural c. State level d. Age group level
- _____ strategy is when a sports person takes certain steps against the opponent to get competitive in order to secure the place / point / position. CO4 K4
a. defense b. offense c. technical d. random
- _____ is a part of stretching and preparation for physical exertion, usually undertaken before a performance or practice. CO4 K2
a. Cooling up b. Warming down c. Warming up d. Cooling down
- _____ is someone who controls the actual play of a competition administers the rules and laws of the sport to ensure the proper conduct of a sport. CO5 K3
a. Coach b. Official c. Player d. Spectator
- (i) To check the equipment are according to law. (ii) To check all the measurements. (iii) To check all the official are on their places are duties that are CO5 K4
a. Post-game b. Inter-game duration c. Pre-Game d. Post-Planning

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Infer the concept of officiating and coaching. CO1 K2
(or)
- 11.b. Discuss the important relation of players and spectators in sports. CO1 K3
- 12.a. Highlight the varied roles and responsibilities of a coach. CO2 K1
(or)
- 12.b. Write a note on the psychology of competition. CO2 K2
- 13.a. Discuss the underlying philosophical ideologies of officiating. CO3 K3
(or)
- 13.b. Give a brief description on the ethics and values related to officiating. CO3 K4
- 14.a. Present the eligibility rules of inter-collegiate tournaments. CO4 K4
(or)
- 14.b. Examine the role of sports official in the conduct of sports tournaments. CO4 K5
- 15.a. Distinguish the characteristics of recreational and lead-up games. CO5 K3
(or)
- 15.b. Highlight the importance of warming up and cool-down process in sports training. CO5 K2

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Analyze the importance of relation of official and coach with organization committee. CO1 K4
(or)
- 16.b. Discuss the measures of improving the standards of officiating and coaching with illustrations. CO1 K3
- 17.a. Elaborate on the psychology of coaching players for a competition. CO2 K5
(or)
- 17.b. Give a detailed account on the responsibilities of a coach on and off the field. CO2 K2
- 18.a. Describe the mechanics of officiating position as a single official and as a movement. CO3 K3
(or)
- 18.b. Highlight the duties of official in general and during pre-game and post-game schedules. CO3 K2
- 19.a. Discuss the important criteria in appointing coach and officials for an intercollegiate and university tournaments. CO4 K5
(or)
- 19.b. Elaborate on the various aspects to be planned in order to conduct University tournaments. CO4 K4
- 20.a. Describe the scientific principles involved in officiating and coaching by highlighting its implications in sports and games. CO5 K3
(or)
- 20.b. Elucidate the principles involved in 'offence' and 'defense' in sports and training. CO5 K2
