

*Avinashiligam Institute for Home Science and Higher Education for Women*  
Coimbatore – 641 043

**Continuous Internal Assessment Test II – March 2019**

Semester –IV

Class : II BSc

Major : Physical Education

Time : 2 Hrs.

Max Marks: 60

**15BPEC13 - Movement Education and Primary Physical Education**

**Part A**

**1×5=5**

**Choose the correct answer**

1. Physical activity is basically a–
  - a) Social attribute
  - b) Psychological tendency
  - c) Biological necessity
  - d) Philosophical concept
2. Which one of the following concepts reflects the true nature of Modern Physical Education?
  - a) Physical training
  - b) Science of Movement
  - c) Movement Education
  - d) Athleticism
3. Which of the following activities measures dynamic strength?
  - a) Vertical Jump
  - b) Short distance run
  - c) Forward Roll
  - d) Rope climbing
4. Supination and Pronation are the movements of–
  - a) Tibia – Fibula Joint
  - b) Carpal – Metacarpal Joints
  - c) Radio – Ulnar Joint
  - d) Tarsal – Metatarsal Joint
5. Which of the following is an example of pivot joint?
  - a) Between skull and the first vertebra
  - b) Knee joints
  - c) Shoulder and upper arm
  - d) Chest bone

**Part B**

**Answer the following in short**

**2×5=10**

6. What is Primary Physical Education?
7. Define Direct Teaching Approach
8. Define Dynamic Movement
9. Define Assistive equipment
10. What is Rhythmic Gymnastics?

**Part C**

**3×5=15**

**Answer the following**

11. a) Write about the Aims and objectives of primary physical education (or )  
b) List down the scope and selection of PE activity
  
12. a) Explain – Guided Discovery approach (or )  
b) Explain – Guiding principles of primary physical education
  
13. a) List down the guidelines for good practices (or)  
b) List down the innovative steps you will take to teach motor skills to primary group

**Part D**

**2×15=30**

**Answer the following in detail**

14. a) Enumerate the ways to promote student participation in games and sports (or )  
b) Explain the basic structure of outdoor adventure activities
  
15. a) Explain the method of organizing PE lessons to different group (Or)  
b) Explain the PE Curriculum designing for person with disability