



Mavinay

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956) Re-accredited
with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment – August 2024

V Semester

Class : III UG

Major : Physical Education

Time : 2Hours

Max. Marks: 60

21BPEC19 - Adapted Physical Education

Course Outcomes:

1. Relate a variety of factors to growth and motor development of individuals.
2. Demonstrate motor patterns, fundamental motor skills, sport specific skills and physical activity patterns of children and adolescents with special needs.
3. Recognize the perceptual-motor behavior and developmental levels of the individual
4. Obtain knowledge about ability levels of persons with disabilities and gifted and talented individuals.
5. Providing appropriate curricula/programming for participants in adapted physical education settings.

Part A

6 x 1 = 6

Choose the Correct Answer

1. _____ is a specially designed program of developmental activities, games, sports, CO2K1
and rhythms suited to the interests, capabilities, and limitations of students with disabilities.
a. Disability sports b. Paralympics c. Modified Physical Education d. Adapted Physical Education
2. _____ Software program used to increase, maintain, or improve the C02K2
functional capabilities of persons with disabilities.
a. Technology b. Sports technology c. Assistive technology d. Computer technology
3. _____ refers to a condition in which a person has certain limitations in C03K1
intellectual functions like communicating, taking care of him- or herself, and has impaired social skills.
a. Hearing impairment b. Cerebral palsy c. Visual impairment d. Intellectual disability
4. Special Olympics related to C01K2
a. Intellectual disability b. Hearing impairment c. All disability d. Visual impairment
5. Expansion of AAHPER. C04K2
a. American Alliance for Health, Physical Education, and Recreation.
b. American Association for Health, Physical Education, and Rest.
c. American Association for Health, Physical Education, and Recreation.
d. Atlantic Association for Health, Physical Education, and Recreation
6. When a person receives a head injury, the first interventions will be C01 K3
a) Educational b) Medical c) Mental health d) None of the above

Part - B

Answer should not exceed 400 words or two pages

3X6 = 18

- 07.a. Briefly write the aims and objectives of Adapted Physical Education. C03 K4
(Or)
b. Discuss the need and importance of Adapted Physical Education. C01 K4
- 08 a. Briefly explain about hearing impairment. C03 K4
b. ~~Write the quality and qualification of APE~~ *Brief - Unified Sports Guiding Principles of APE* C02K1
- 09 a. Briefly write the parental involvement in education and Adapted Physical education.
(or)
b. Write your view about the facilities to be enhanced C02K4

PART C 3 X 12 = 36

Answer should not exceed 800 words or four pages

- 10.a. Explain the role of Physical Education in Adapted Physical Education C01K4

- (or)
- b. Discuss the quality and qualification of Adapted Physical Education teacher. C03 K4
- 11 a. Explain the various classification of Intellectual Disability. CO2K3
- (or)
- b. Enumerate the Aids for the differently abled people. C02 K4
12. a, Write about the guiding principles of adapted physical education CO3K4
- (or)
- b. List the government welfare programs for person with disability C03 K4

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