



Murugesu

**Avinashilingam Institute for Home Science and Higher Education for Women**

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)  
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

**Bachelor of Physical Education Degree Examination – May 2024**  
**IV Semester**

**Class: II B.P.Ed. / 2021 Batch (Repeater)**

**Time : 3 Hours**  
**Max. Marks : 100**

**21BPDC27 Theory of Sports and Games**

**Course Outcomes:**

- CO1: Know the fundamental of all the games and sports
- CO2: understand the rules of all the games and sports
- CO3: Preparing the students for the competition
- CO4: Classify the students accordingly for various games and sports
- CO5: Design and practice the new method softtechnique and training

**Part A**  
**Choose the Correct Answer**

**10 x 1 = 10**

1. Athletics Ground Preparation: CO1 K1
  - a. Running tracks are not essential for athletics
  - b. Field events in athletics do not require specific dimensions
  - c. Dimensions and markings are crucial for proper athletics ground preparation
  - d. Athletics can be practiced on any surface
2. What is the difference between the base? CO1 K1
  - a. 40feet
  - b. 45 feet
  - c. 50 feet
  - d. 60 feet
3. Basketball Ethics of Sportsmanship: CO2 K2
  - a. Fouls are encouraged in basketball
  - b. Displaying sportsmanship is not important in basketball
  - c. Fair play and respect for opponents are essential in basketball
  - d. Winning at any cost is the only ethical approach in basketball
4. Ball Badminton Skills and Techniques: CO3 K2
  - a. Ball badminton does not require specific skills
  - b. Serving is not a crucial skill in ball badminton
  - c. The wrist flick is an essential technique in ball badminton
  - d. Ball badminton does not involve any techniques
5. What is the length of hockey field CO3 K3
  - a. 91.40mts
  - b. 5.50mts
  - c. 6.50mts
  - d. 6.40mts
6. Width of the tennikoit court is CO4 K4
  - a. 4.50mts
  - b. 5.550mts
  - c. 6.50mts
  - d. 6.40mts
7. Kabaddi Skills and Techniques: CO4 K4
  - a. Kabaddi does not involve specific skills
  - b. Raiding is a crucial skill in kabaddi
  - c. Kabaddi does not require any techniques
  - d. Team coordination is not important in kabaddi
8. Height of the tennis net is CO4 K2
  - a. 100 cms
  - b. 101 cms
  - c. 106.7 cms
  - d. 107.6 sms
9. Football Standard Equipment: CO5 K2
  - a. Football matches can be played without a ball
  - b. Specific football boots are not necessary for the game
  - c. Footballs are standard equipment in the game
  - d. Football players can use any ball of their choice
10. The galley on a tennis court is CO5 K3
  - a. 1.85mts
  - b. 1.83mts
  - c. 1.86mts
  - d. 1.84mts

**Part B** **5 x 6 = 30**  
**Answer ALL questions**  
**Each answer should not exceed 400 words or two pages**

- 11.a. Trace the history and development of badminton. CO1 K1  
(or)
- 11.b. Elaborate on the skills and techniques required for effective softball game. CO1 K1
- 12.a. Examine the historical development of basketball and its journey from its inception to becoming a globally popular sport. CO2 K2  
(or)
- 12.b. Analyze the skills and techniques essential for success in ball badminton. CO3 K2
- 13.a. Discuss the ethics of sportsmanship in hockey. CO3 K3  
(or)
- 13.b. Elaborate on the rules and regulations governing handball. CO4 K4
- 14.a. Trace the development of kho-kho in India. CO4 K5  
(or)
- 14.b. Examine the history and evolution of volleyball, including its transition from a recreational activity to an Olympic sport. CO4 K4
- 15.a. Explain the defensive skills in the game kabaddi. CO5 K5  
(or)
- 15.b. Explore the historical development of football in India. CO5 K5

**Part C** **5 x 12 = 60**  
**Answer ALL questions**  
**Each answer should not exceed 800 words or four pages**

- 16.a. Explain the standard dimensions and markings of an athletics track. CO1 K1  
(or)
- 16.b. Discuss the preparation and handling of a softball scoresheet. CO1 K1
- 17.a. Explain the dimensions and markings of a cricket ground. CO2 K2  
(or)
- 17.b. Describe the standard equipment specifications for a basketball game. CO2 K2
- 18.a. Discuss the skills and techniques required for success in kabaddi. CO3 K3  
(or)
- 18.b. Analyze the dimensions and markings of a standard kho-kho field. CO4 K4
- 19.a. Explain the standard dimensions and markings of a football field. CO4 K5  
(or)
- 19.b. Investigate the origins and development of throwball. CO4 K4
- 20.a. Discuss the skills and techniques essential for success in throwball. CO5 K5  
(or)
- 20.b. Discuss the standard equipment specifications for tennis. CO5 K5

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