



Gambella

Avinashilingam Institute for Home Science and Higher Education for Women
Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD (now MoE)
Re-accredited with A++ Grade by NAAC. CGPA 3.65/4, Category I by UGC
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I – February 2026
IV Semester

Class : II BPEd
Major : Physical Education

Time: 2 hours
Maximum Marks: 60

23BPDC26 Officiating and Coaching

Course Outcomes:

At the end of the course, students will:

1. Understand the concept and mechanism of officiating and coaching.
2. Describe the duties of coaches and officials.
3. Identify and implement risk management strategies for the well-being of athletes, spectators and officials.
4. Apply the concept of coaching and officiating
5. Analyze training requirements for different sporting populations

Part - A

6 x 1 = 6

Choose the Correct Answer

1. Officiating mainly deals with CO1K3
 - a. Training players
 - b. Conducting matches according to rules
 - c. Fitness preparation
 - d. Spectator management
2. Importance of officiating is to ensure CO2K3
 - a. Entertainment only
 - b. Fair play and safety
 - c. Coach dominance
 - d. Player favoritism
3. During the game, the primary responsibility of a coach is CO3K2
 - a. Controlling spectators
 - b. Guiding and motivating players
 - c. Officiating decisions
 - d. Maintaining equipment
4. The relationship between coach and official should be based on CO1K3
 - a. Competition
 - b. Conflict
 - c. Cooperation and respect
 - d. Authority
5. Coaching is best defined as CO2K1
 - a. Enforcing rules
 - b. Teaching and guiding athletes for performance
 - c. Organizing tournaments
 - d. Maintaining discipline only
6. Psychology of competition helps a coach to CO3 K2
 - a. Select officials
 - b. Understand athlete behavior
 - c. Change rules
 - d. Manage spectators

Part - B

3 x 6 = 18

Answer ALL Questions

Each answer should not exceed 400 words or two pages

7. a. Explain the meaning and concept of officiating. CO3 K2
(or)
7. b. Explain the duties of a coach before the game. CO2 K3
8. a. Describe the importance of officiating in sports. CO1 K3
(or)
8. b. Discuss the responsibilities of a coach during the game CO5 K4
9. a. Explain the psychology of competition in coaching. CO4 K3
(or)
9. b. Write about the philosophy of coaching. CO3 K3

Part - C

3 x 12 = 36

Answer ALL questions

Each answer should not exceed 800 words or four pages

10. a. Define officiating and explain in detail the concept and importance of officiating. CO2 K3
(or)
10. b. Explain the relationship of officials and coaches with players, spectators, and organizing committees. CO3 K3
11. a. Discuss in detail the duties and responsibilities of a coach before, during, and after the game CO4K4
(or)
11. b. Explain the philosophy of coaching and its role in athlete development. CO4 K3
12. a. Describe the responsibilities of a coach on and off the field. CO1 K4
(or)
12. b. Explain the psychology of competition and coaching with suitable examples. CO2 K3

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